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Dan Gould is the Director of the Institute for the Study of Youth Sports and Professor in the Department of Kinesiology at the Michigan State University. As Director he focuses his efforts on achieving the Institute's mission which is to provide leadership, scholarship and outreach that transforms the face of youth sports in ways that maximize the beneficial physical, psychological and social effects of participation for children and youth while minimizing detrimental effects. This is accomplished by providing professional leadership, conducting cutting edge applied research on critical issues in youth sports and physical activity, and engaging in educational service and outreach by designing programs to develop youth sport coaches, parents, administrators and officials, as well as young athletes themselves.

Prior to his current position Dan was the Bank of America endowed chair in the Department of Sport and Exercise Science at the University of North Carolina Greensboro (UNCG) and also held positions at the Kansas State University and the University of Illinois. A specialist in applied sport psychology, Dan teaches graduate courses in the area and is heavily involved in the graduate program. In 1994 he received UNCG's prestigious all-University Alumni Excellence in Teaching Award. In 2001 he also received that American Psychological Association Division 47 Professional Education and Training Award and in 2005 the Citizenship through Sports Alliance good sports award for his outreach work in youth sports.

During his career Dan has focused equal attention on research, teaching and service activities in applied sport psychology. He has consulted extensively with numerous athletes of all age and skill levels and involved in a wide range of sports. Dan has served as a performance enhancement consultant with the U.S. Ski Team and numerous Olympic athletes. He has consulted with the pit crews of some of NASCAR's leading race teams. In addition to consulting directly with athletes, Dan has been heavily involved in coaching education and youth sports having made over 600 clinic presentations. He has also served on the U.S. Olympic coaching development committee for ten years and co-chaired the sport science and technology committee. Currently, he serves as vice chair of the USTA Sport Science and Coaching Committee.

In recent years Dan has also become involved in executive coaching working individually with corporate executives and conducting performance enhancement sessions with the highly the

regarded English-based Lane4 management group. He has also conducted sessions for the UNC Greensboro Bryan School of Business and Economics.

Actively involved in research, Dan has studied the stress-athletic performance relationship, sources of athletic stress, stress and burnout in young athletes, athlete motivation, the psychology of coaching, talent development, parental influences in youth sports, and performance enhancement. Dan's current research focuses on the role parents play in junior tennis, how coaches teach life skills to young athletes, and an assessment of the most pressing issues involved in high school sports. He has over 100 scholarly publications and over 50 applied sport psychology research dissemination-service publications. He has been invited to speak on sport psychology topics in over 20 countries. Two research-based children's sports texts have been co-edited by Dan and he served as one of the founding coeditors of *The Sport Psychologist*. Finally, he has made over 150 regional, national and international scholarly presentations.

Dan has secured numerous external grants to support his research and sport psychology educational efforts. Specifically, he has received funding from such organizations as the US Olympic Committee, the USTA, NFL Charities, US Swimming, US Skiing, and USA Wrestling.

Dan has co-authored two books, *Foundations of Sport and Exercise Psychology* (with Bob Weinberg) and *Understanding Psychological Preparation for Sport: Theory and Practice of Elite Performers* (with Lew Hardy and Graham Jones). He is especially proud of the numerous masters degree and 20 doctoral students that he has had the opportunity to advise and have gone on to pursue careers in sport psychology.

Dan is a certified consultant and active fellow in Association for the Advancement of Applied Sport Psychology (AAASP). He was also honored to serve as President of AAASP. Other notable distinctions include being named USA Wrestling person of the year for his sport science work, the first Australian sport psychology scholar, and his inclusion on a listing of top ten U.S. sport psychology specialists in the 1980's.

VITA: DANIEL GOULD**BACKGROUND****Personal Data**

Date of Birth: January 4, 1952
 Place of Birth: Oswego, New York
 Citizenship: United States

Educational History

State University of New York College at Oswego, Oswego, New York
 No Degree, 1969-1970
 Dalhousie University, Halifax, Nova Scotia, Canada
 Exchange Student, 1973
 State University of New York College at Brockport, Brockport, New York
 Bachelor of Science Degree (Physical Education), May 1973
 University of Washington, Seattle, Washington
 Master of Science Degree (Physical Education, Social Psychology of Sport), December 1974
 University of Illinois, Champaign, Illinois
 Doctor of Philosophy (Physical Education, Sport Psychology), January 1978

Professional History

2004 – Present Professor and Director, Institute for the Study of Youth Sports, Department of Kinesiology, Michigan State University
 1988 - 2004 Bank of America Excellence (Endowed) Professor, Sport Psychology Specialization, Department of Exercise and Sport Science, University of North Carolina Greensboro
 1984 - 1988 Associate Professor, Sport Psychology, Department of Kinesiology, University of Illinois
 1982 - 1984 Associate Professor, Sport Psychology, Department of Physical Education, Kansas State University
 1977 - 1982 Assistant - Associate Professor, Sport Psychology, Department of Health and Physical Education/ Institute for the Study of Youth Sports, Michigan State University
 1976 - 1977 Research Assistant, Office of Youth Sports, Department of Physical Education, University of Illinois
 1975 - 1976 Research Assistant, Motor Behavior Laboratory Children's Research Center, University of Illinois
 1974 - 1975 Research - Teaching Assistant, Department of Physical Education, University of Washington

Visiting Scholar Positions

1992 (summer) Visiting Professor, Louisiana State University, Baton Rouge, Louisiana
 1991 (summer) Invited Lecturer, Boise State University, Boise, Idaho
 1986 (summer) Invited Lecturer, University of North Carolina at Greensboro, Greensboro, North Carolina
 1979 (summer) Invited Lecturer, North Texas State University, Denton, Texas

Professional Societies

American Academy of Kinesiology and Physical Education
 American Alliance of Health, Physical Education, Recreation and Dance
 American College of Sports Medicine
 American Psychological Association

Association for the Advancement of Applied Sport Psychology
 International Society for Sport Psychology
 North American Society for the Psychology of Sport and Physical Activity
 Stress and Anxiety Research Society

Listings

Biographical sketch listed in Marquis Who's Who in Science and Engineering
 Association for the Advancement of Applied Sport Psychology Certified Consultant (1991-date)
 U.S. Olympic Committee Psychology of Sport Registry (1985-date)

Honors and Awards

- State University of New York College at Brockport - Departmental Undergraduate Scholar - 1972, 1973
- State University of New York College at Brockport - Student Government Scholarship, 1972
- Graduate Summa Cum Laude, State University of New York College at Brockport, 1973
- Michigan State University College of Education Nominee for Teacher-Scholar Award, 1980-81, 1981-82
- Chairperson USA Wrestling Science and Medicine Committee, 1982-1986
- Man of the Year (For Sport Science Work) USA Wrestling, 1985
- President, Sport Psychology Academy, American Alliance for Health, Physical Education, Recreation and Dance, 1986
- Fellow, Association for the Advancement of Applied Sport Psychology
- President, Association for the Advancement of Applied Sport Psychology, 1988-1989
- Lillian M. Wellner Distinguished Scholar, Frostburg State University, Frostburg, Maryland, 1989
- G. DiAgostino Memorial Lecturer, State University of New York College at Brockport, March, 1990
- Presson Lecturer, Murray State University, Murray, Kentucky, April, 1990
- First Australian Sport Psychology Scholar, 1994
- University of North Carolina Greensboro Alumni Teaching Excellence Award, May 1994 (All-University Teaching Award)
- Elected Fellow, American Academy of Kinesiology and Physical Education
- Francis L. Carter Memorial Lecturer, Francis Marion University, Florence, South Carolina, February 19, 1996.
- Hall of Fame Inductee, National Association for Sport and Physical Education, April 24, 1999
- Appointed Bank of America Excellence Professor (Endowed Chair), University of North Carolina Greensboro, August 15, 1999.
- American Psychological Association Division 47 Award for Distinguished Contributions to Education and Training in Sport and Exercise Psychology
- Citizenship Through Sports Alliance America's Best Sports 2005 Award Recipient

PUBLICATIONS

Theses

Gould, D. (1974). *Arousal and attentional demands as intervening variables in social facilitation paradigms*. Unpublished master's thesis, University of Washington.

Gould, D. (1978). *The influence of motor task types on model effectiveness*. Unpublished doctoral dissertation, University of Illinois.

Original Research Publications

- Michigan Youth Sports Institute (1978). *Joint legislative study on youth sports programs: Phase III report*. Lansing, MI: State of Michigan, (one of a number of authors).
- Martens, R. & Gould, D. (1979). Why do adults volunteer to coach children's sports? In: K.M. Newell & G.C. Roberts (Eds.). *Psychology of motor behavior and sport - 1978* (pp 79-89). Champaign, IL: Human Kinetics Publishers.
- Gould, D. & Martens, R. (1979). Attitudes of volunteer coaches toward significant youth sport issues. *Research Quarterly*, 50 (3), 369-380.
- Weinberg, R.S., Gould, D., & Jackson, A. (1980). Cognition and motor performance: Effect of psyching-up strategies on three motor tasks. *Cognitive Therapy and Research*, 4(2), 239-245.
- Weinberg, R.S., Gould, D., & Jackson, A. (1980). The influence of cognitive strategies on the tennis serving performance of high and low ability players. *Perceptual and Motor Skills*, 50, 663-666.
- Weinberg, R.S., Gould, D., & Jackson, A. (1980). Expectations and motor performance: An empirical test of Bandura's self efficacy theory. *Journal of Sport Psychology*, 1(4) 320-331.
- Gould, D., Weinberg, R.S., & Jackson, A. (1980). Mental preparation strategies, cognition and strength performance. *Journal of Sport Psychology*, 2, 329-339.
- Gould, D. (1981). Educational needs of nonschool youth sports coaches and higher education's role in fulfilling those needs. In: V. Crafts (Ed.) *Proceedings of the National Association for Physical Education in Higher Education* (pp 195-203). Champaign, IL: Human Kinetics Publishers.
- Gould, D., & Weiss, M.R. (1981). The effects of model similarity and model talk on self-efficacy and muscular endurance. *Journal of Sport Psychology*, 3, 17-29.
- Gould, D., Weiss, M.R., & Weinberg, R.S. (1981). Psychological characteristics of successful and unsuccessful big ten wrestlers. *Journal of Sport Psychology*, 3, 69-81.
- Weinberg, R.S., Gould, D., & Jackson, A. (1981). Relationship between duration of psych-up interval and strength performance. *Journal of Sport Psychology*, 3, 166-170.
- Weinberg, R.S., Gould, D., Yukelson, D., & Jackson, A. (1981). The effect of pre-existing and manipulated self-efficacy on a competitive muscular endurance task. *Journal of Sport Psychology*, 3(4), 345-354.
- Gould, D., Feltz, D., Weiss, M.R., & Petlichkoff, L. (1982). Participation motives in competitive youth swimmers. In: T. Orlick, J.T. Partington & J.H. Salmela (Eds.). *Mental training for coaches and athletes* (pp. 57-59). Ottawa, Ontario: Coaching Association of Canada.
- Gould, D., Feltz, D., Horn, T., & Weiss, M.R. (1982). Reasons for attrition in competitive youth swimmers. *Journal of Sport Behavior*, 5(3), 155-165.
- Gould, D., Horn, T., & Spreemann, J. (1983). Competitive anxiety in junior elite wrestlers. *Journal of Sport Psychology*, 5, 58-71.
- Gould, D., Horn, T., & Spreemann, J. (1983). Sources of stress in junior elite wrestlers. *Journal of Sport Psychology*, 5, 159-171.

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- Gould, D., Petlichkoff, L., & Weinberg, R.S. (1984). Antecedents of, temporal changes in, and relationships between CSAI-2 subcomponents. *Journal of Sport Psychology*, 6, 289-304.
- Gould, D., Feltz, D., & Weiss, M.R. (1985). Motives for participating in competitive youth swimming. *International Journal of Sport Psychology*, 16, 126-140.
- Gould, D., & Weinberg, R.S. (1985). Sources of worry in successful and less successful intercollegiate wrestlers. *Journal of Sport Behavior*, 8(2), 115-27.
- Gould, D., Petlichkoff, L., Simons, J. & Vevera, M. (1987). The relationship between Competitive State Anxiety Inventory-2 subscale scores and pistol shooting performance. *Journal of Sport Psychology*, 9, 33-42.
- Gould, D., Hodge, K., Peterson, K., & Petlichkoff, L. (1987). Psychological foundations of coaching: Similarities and differences among intercollegiate wrestling coaches. *The Sport Psychologist*, 1(4), 293-308.
- Kimiecik, J., & Gould, D. (1987). Coaching psychology: The case of James "Doc" Counsilman. *The Sport Psychologist*, 1(4), 350-358.
- Hanson, T. & Gould, D. (1988). Factors affecting the ability of coaches to estimate their athletes' trait and state anxiety levels. *The Sport Psychologist*, (4), 298-313.
- Gould, D., Hodge, K., Peterson, K., & Giannini, J. (1989). An exploratory examination of strategies used by elite coaches to enhance self-efficacy in athletes. *Journal of Sport and Exercise Psychology*, 11(2), 128-140.
- Gould, D., Murphy, S., Tammen, V., & May, J. (1989). *An assessment of U.S. Amateur Sports (1984-1988)*. Report made to the U.S. Olympic Committee Sports Medicine Council, Colorado Springs, Colorado.
- Gould, D., Tammen, V., Murphy, S., & May, J. (1989). An examination of U.S. Olympic sport psychology consultants and the services they provide. *The Sport Psychologist*, 3(4), 300-312.
- Gould, D., Giannini, J., Krane, V., & Hodge, K. (1990). Educational needs of elite US National Team, Pan American and Olympic coaches. *Journal of Teaching Physical Education*, 9, 332-344.
- Horswill, C.A., Hickner, R.C., Scott, J., Costill, D., & Gould, D. (1990). Influence of weight loss and dietary carbohydrate modifications on high intensity physical activity. *Medicine and Science in Sports*, 22(4), 470-476.
- Gould, D., Petlichkoff, L., Hodge, K. & Simons, J. (1990). Evaluating the effectiveness of a psychological skills educational workshop. *The Sport Psychologist*, 4, 249-260.
- Gould, D., & Finch, L. (1990). Sport psychology and the professional bowler: The case of Michelle Mullen. *The Sport Psychologist*, 4(4), 418-430.
- Gould, D., Murphy, S., Tammen, V., & May, J. (1991). An evaluation of U.S. Olympic sport psychology consultant effectiveness. *The Sport Psychologist*, 5(2), 111-127.
- Gould, D., Eklund, R.C., & Jackson, S.A. (1991). *An in-depth examination of mental factors and preparation*

techniques associated with 1988 U.S. Olympic team wrestling excellence. Final project report submitted to USA Wrestling, Colorado Springs, Colorado.

- Gould, D., Eklund, R.C., Petlichkoff, L., Peterson, K., & Bump, L. (1991). Psychological predictors of state anxiety and performance in age group wrestlers. *Pediatric Exercise Science*, 3(3), 198-208.
- Gould, D., Jackson, S., & Finch, L. (1992). *Sources of stress experienced by National Champion figure skaters*. U.S. Olympic Committee Sports Science Grant, Final Report, Colorado Springs, Colorado.
- Gould, D., Eklund, R.C., & Jackson, S.A. (1992a). 1988 U.S. Olympic Wrestling Excellence I: Mental preparation, precompetitive cognition and affect. *The Sport Psychologist*, 6(4), 358-382.
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- Gould, D., Eklund, R.C., & Jackson, S.A. (1993). Coping strategies used by U.S. Olympic Wrestlers. *Research Quarterly for Exercise and Sport*, 64(1), 83-93.
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- Gould, D., Wilson, C.G., Tuffey, S., & Lochbaum, M. (1993). Stress and the young athlete: The child's perspective. *Pediatric Exercise Science*, 5, 286-297.
- Gould, D., Finch, L., & Jackson, S.A. (1993). Coping strategies utilized by National Champion figure skaters. *Research Quarterly for Exercise and Sport*, 64(4), 453-468.
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- Gould, D., & Udry, E. (1994). Psychological skills for enhancing performance: Arousal regulation strategies. *Medicine and Science in Sport and Exercise*, 26(4), 478-485.
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- Gould, D., Tuffey, S., Udry, E., & Loehr, J. (1997). Burnout in competitive junior tennis players, III: Individual differences in the burnout experience. *The Sport Psychologist*, 11, 257-276.
- Gould, D., Udry, E., Bridges, D. & Beck, L. (1997). Stress sources encountered when rehabilitating from

season-ending ski injuries. *The Sport Psychologist*, 11, 361-378.

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- Gould, D., Udry, E., Bridges, D. & Beck, L. (1997). How to help elite athletes cope psychologically with season ending injuries. *Athletic Therapy Today*, 2(4), 50-53.
- Udry, E., Gould, D., Bridges, D. & Beck, L. (1997). Down but not out: Athlete responses to season-ending injury. *Journal of Sport and Exercise Psychology*, 19, 229-248.
- Udry, E., Gould, D., Bridges, D. & Tuffey, S. (1997). People helping people? Examining the social ties of athletes coping with burnout and injury stress. *Journal of Sport And Exercise Psychology*, 19, 368-395.
- Gould, D., Medbery, R., Damarjian, N., & Lauer, L. (1999). A survey of mental skills training, knowledge, opinions, and practices of junior tennis coaches. *Journal of Applied Sport Psychology*, 11, 28-50.
- Gould, D., Damarjian, N., & Medbery, R. (1999). An examination of mental skills training in junior tennis coaches. *The Sport Psychologist*, 13(2), 127-143.
- Gould, D., Guinan, D., Greenleaf, C., Medbery, R., & Peterson, K. (1999). Factors affecting Olympic performance: Perceptions of athletes and coaches from more and less successful teams. *The Sport Psychologist*, 13, 371-395.
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- Greenleaf, C., Gould, D., & Dieffenbach, K. (2001). Factors influencing Olympic performance: Interviews with Atlanta and Nagano U.S. Olympians. *Journal of Applied Sport Psychology*, 13, 154-184.
- Gould, D., Greenleaf, C., Chung, Y., & Guinan, D. (2002). A survey of U.S. Atlanta and Nagano Olympians: Factors influencing performance. *Research Quarterly for Sport and Exercise*, 73(2), 175-186.
- Gould, D., Medbery, R., & Tuffey, S. (2001). Sources of fun and motivation in age group swimmers. *Journal of Swimming Research*, 15, 1-11.
- Gould, D. (2002). The psychology of Olympic excellence and its development. *Psychology: The Journal of the Hellenic Psychological Society*, 9(4), 531-546.
- Edwards, T., Kingston, K., Hardy, L., & Gould, D. (2002). A qualitative analysis of catastrophic performances and the associated thoughts, feelings, and emotions. *The Sport Psychologist*, 16, 1-19.
- Gould, D., Dieffenbach, K., & Moffett, A. (2002). Psychological characteristics and their development in Olympic champions. *Journal of Applied Sport Psychology*, 14, 177-209.
- Gould, D., Greenleaf, C., Guinan, D., & Chung, Y. (2002). A survey of U.S. Olympic coaches: Factors influencing athlete performances and coach effectiveness. *The Sport Psychologist*, 16, 229-250.
- Gould, D., Lauer, L., Rolo, C., Jannes, C., & Pennisi, N. S. (2005). *Understanding the role of parents play in junior tennis success: Phases 1 & 2: Perceptions of junior coaches*. USTA Sport Science Research

Grant Final Report.

- Gould, D., Lauer, L., Rolo, C., Jannes, C. & Pennisi, N. (2005). *Understanding the role of parents play in junior tennis success: Phase 3: Player, parent, and coach triad interviews*. USTA Sport Science Research Grant Final Report.
- Gould, D., Collins, K., Lauer, L., & Chung, Y. (2006). Coaching life skills: A working model. *Sport and Exercise Psychology Review*, 2(1), 10-18.
- Taylor, M., Gould, D., Hardy, L., Woodman, T., & LaCaille, R. (2006 in press). Factors influencing physical risk taking in rock climbing . *Journal of Human Performance in Extreme Environments*,
- Lauer, L., Gould, D., Rolo, C., Jannes, C. & Pennisi, N. (2006). Junior coaches perceptions of core tennis parenting principles. *Medicine & Science in Tennis*, 11(1), 16-17.
- Lauer, L., Gould, D., Rolo, C., Jannes, C. & Pennisi, N. (2006). Coaches perceptions of successfully working with junior tennis parents. *Medicine & Science in Tennis*, 11(1), 26-27.
- Gould, D., Lauer, L., Rolo, C., Jannes, C., & Pennisi, N. S. (2006, in press). Understanding the role parents play in tennis success: A national survey of junior tennis coaches. *British Journal of Sports Medicine*,
- Gould, D., Collins, K., Lauer, L., & Chung, Y. (under revision). Coaching life skills through football: A study of award winning high school coaches. *Journal of Applied Psychology*, 2(1), 10-18.
- Gould, D., Medbery, R., Dieffenbach, K., Lauer, L., Hardy, L., & Jones, G. (2003, under review). Identifying the range of emotions involved in sport achievement striving.

PUBLICATIONS

Research - Scholarly Reviews and Book Chapters

- Seefeldt, V., & Gould, D. (1980). *The physical and psychological effects of youth sports competition*. Washington, D.C.: ERIC Clearinghouse on Teacher Education.
- Gould, D. (1981). The role of the physical educator in nonschool youth sports. *Physical Education*, 38(2), 99-104.
- Gould, D., & Seefeldt, V. (1981). Youth sports research and practice: A selected bibliography. *Physical Educator Supplement*, 38.
- Gould, D., & Roberts, G.C. (1982). Modeling and motor skill acquisition. *Quest*, 23(2), 214-230.
- Gould, D. (1982). Sport psychology in the 1980s: Current status and future directions in youth sports research. *Journal of Sport Psychology*, 4, 203-218.
- Gould, D. (1982). Fostering psychological development in young athletes: A reaction. In T. Orlick, J.T. Partington & J.H. Salmela (Eds.), *Mental training for coaches and athletes* (pp. 52-56). Ottawa,

Ontario: Coaching Association of Canada.

- Gould, D. (1982). The A-B-C's of successful educational programs for volunteer coaches. In R.H. Cox & J.B. Shea (Eds.), *Educating youth sport coaches: Solutions to a national dilemma*. Reston, Virginia: American Association for Health, Physical Education, Recreation, and Dance.
- Gould, D. (1982). Future directions in youth sports participation motivation research. In L. Wankel & R.S. Wilberg (Eds.), *Psychology of sport and motor behavior: Research and practice*. Proceedings Canadian Society for Psychomotor Learning and Sports Psychology Conference (pp. 1-18). Edmonton, Alberta, Canada.
- Gould, D. (1983). Psychosocial development and children's sport. In J.R. Thomas (Ed.), *Motor development during childhood and adolescence* (pp. 212-236). Minneapolis, MN: Burgess Publishing Company.
- Gould, D., Miller, S., & Edwards, V. (1983). *Managing stress in the gymnasium*. Eugene, OR: Microfilm Publications.
- Gould, D., & Horn, T. (1984). Participation motivation in young athletes. In J.M. Silva & R.S. Weinberg (Eds.), *Psychological foundations in sports and exercise* (pp. 359-370). Champaign, IL: Human Kinetics Publishers.
- Gould, D. (1986). Goal setting for peak performance. In J. Williams (Ed.), *Applied sport psychology: Personal growth to peak performance*. Palo Alto, CA: Mayfield Publishing Company.
- Gould, D. (1987). Promoting a positive sports experience for children. In J.R. May & M.J. Asken (Eds.), *Sport psychology: The psychological health of the athlete* (pp. 77-98). Champaign, IL: Human Kinetics.
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- Gould, D., & Petlichkoff, L. (1988). Participation motivation and attrition in young athletes. In F.L. Smoll, R.A. Magill, & M.J. Ash (Eds.), *Children in sport* (3rd ed., pp. 161-178). Champaign, IL: Human Kinetics.
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- Gould, D., & Eklund, R. (1991). The application of sport psychology for performance optimization. *Thai Journal of Sports Science*, 1 (1), 10-21.
- Gould, D., & Finch, L. (1991). Understanding and intervening with the student-athlete-to-be. In E.F. Etzel, A.P. Ferrante, & James Pinkney (Eds.), *Counseling the college student-athlete: Issues and interventions* (pp. 51-69). Morgantown, WV: Fitness Information Technology, Inc.
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- Gould, D., & Weinberg, R.S. (1983, May 20). *Sources of worry in successful and unsuccessful intercollegiate wrestling competitors*. Presentation made at the North American Society for the Psychology of Sport and Physical Activity Conference, East Lansing, MI.
- Petlichkoff, L., & Gould, D. (1983, May 29). *Temporal changes in precompetitive state anxiety levels of interscholastic volleyball players*. Presentation made at the North American Society for the Psychology of Sport and Physical Activity Conference, East Lansing, MI.
- Weinberg, R.S., Smith, A., Jackson, A., & Gould, D. (1983, May 29). *Effect of association, dissociation, and positive self-talk strategies on endurance performance*. Presentations made at the North American Society for the Psychology of Sport and Physical Activity Conference, East Lansing, MI.
- Gould, D., Petlichkoff, L., & Spain, J. (1984, July 20). *The elite wrestler: Medical needs and sport science concerns*. Paper presented at the 1984 Olympic Scientific Congress, Eugene, OR.
- Gould, D. (1984, July 31). *Medical, science and educational needs of elite wrestlers*. Paper presented at the 1984 Olympic Games Federation International Wrestling Association Sports Medicine Meeting, Anaheim, CA.
- Petlichkoff, L.M., & Gould, D. (1985, April 20). *Interrelationships between pre- and mid-match competitive state anxiety measures in high school wrestlers*. American Association for Health, Physical Education, Recreation, and Dance National Conference, Atlanta, GA.
- Petlichkoff, L., Gould, D., Simons, J., & Vevera, M. (1985, May 26). *The relationship between CSAI-2 subscale scores and pistol shooting performance: Inverted-U versus drive theory*. Presentation made at the North American Society for the Psychology of Sport and Physical Activity Conference, Gulf Park, MI.
- Gould, D., Bump, L., Petlichkoff, L., & Peterson, K. (1985, May 27). *Psychological predictors of age group wrestling performance*. Presentation made at the North American Society for the Psychology of Sport and Physical Activity Conference, Gulf Park, MS.

- Bump, L., Gould, D., Petlichkoff, L., & Peterson, K. (1985, May 28). *The relationship between achievement orientations and state anxiety in youth wrestlers*. Presentation made at the North American Society for the Psychology of Sport and Physical Activity Conference, Gulf Park, MS.
- Simons, J., Gould, D., Petlichkoff, L., & Peterson, K. (1986, June 6). *Variability in pistol shooting performance as a function of responses to the CSAI-2 subscales*. Presentation made at the North American Society for the Psychology of Sport and Physical Activity Conference, Phoenix, AZ.
- Gould, D., Hodge, K., Peterson, K., & Petlichkoff, L. (1986, June 7). *Coaching strategies used to develop self-efficacy by intercollegiate wrestling coaches*. Presentation made at the North American Society for the Psychology of Sport and Physical Activity Conference, Phoenix, AZ.
- Gould, D., Peterson, K., & Hodge, K. (1986, June 7). *Psychological foundations of coaching: Similarities and differences among intercollegiate wrestling coaches*. Presentation made at the North American Society for the Psychology of Sport and Physical Activity Conference, Phoenix, AZ.
- Gould, D., Simons, J., & Petlichkoff, L. (1986, October 9). *An evaluation of a psychological skills training program for elite coaches and athletes*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Jekyll Island, GA.
- Gould, D. (1986, November 7). *An evaluation of psychological skills and their development in elite athletes and coaches*. Presentation made at the Department of Physical Education Colloquium, University of Illinois, Urbana, IL.
- Gould, D. (1986, November 20). *Understanding competitive stress: Its sources and effects on performance*. Presentation made to the Department of Health, Physical Education and Recreation, Miami University, Oxford, OH.
- Peterson, K., & Gould D. (1987, June 6). *An examination of coaches' expectations and the contingency of their performance feedback*. Presentation made at the North American Society for the Psychology of Sport and Physical Activity Conference, Vancouver, British Columbia, Canada.
- Hanson, T., & Gould, D. (1987, September 20). *Factors affecting the ability of coaches to estimate their athletes' trait and state anxiety levels*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Newport Beach, CA.
- Gould, D. (1987, October 18). *US Olympic Committee - National Governing Body sport psychology communication network needs and personnel survey - Identifying common problems*. Presentation made at the US Olympic Committee National Governing Body Sport Psychology Personnel Workshop, Arlington, VA.
- Gould, D., Giannini, J., Krane, V., & Hodge, K. (1988, January 29). *Educational needs of elite US National Team, Pan American and Olympic Coaches*. Presentation made at the US Olympic Committee Special Committee on Coaches Education Meeting, Chicago, IL.
- Gould, D. (1988, April 13). *An assessment of US Olympic Committee sport psychological program needs and personnel*. Presentation made to the Department of Physical Education. University of North Carolina Greensboro, Greensboro, NC.
- Gould, D. (1988, May 16). *Understanding the elusive relationship between emotional arousal and athletic performance*. Presentation made as part of the University of Oregon Visiting Scholars Program, Eugene, OR.
- Gould, D. (1988, June 10). *New directions in theory, research and measurement in competitive anxiety*.

Presentation made at the North American Society for the Psychology of Sport and Physical Activity Conference, Nashville, TN.

Gould, D. (1988, September 9). *Understanding the elusive relationship between emotional arousal and athletic performance*. Presentation made at the University of North Carolina Greensboro Physical Education Department Research Colloquium, Greensboro, NC.

Gould, D., Tammen, V., & Murphy, S. (1988, October 15). *Services offered and problems encountered by U.S. National Sport Governing Body psychological consultants*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Nashua, NH.

Porter, S.L., & Gould, D. (1989, June 2). *An examination of perceived coaching behavior patterns in effective versus less effective coxswains*. Presentation made at the North American Society for the Psychology of Sport and Physical Activity Conference, Kent State University, Kent, OH.

Horswill, C.A., Hickner, R.C., Scott, J.R., Gould, D. & Costill, D.L. (1989, June). *Weight loss, dietary carbohydrate and intensive physical performance*. Presentation made at the American College of Sports Medicine Annual Conference, Baltimore, MD.

Gould, D. (1989, November 10). *The anxiety-performance relationship: Current status and future directions*. Presentation made at the Department of Kinesiology Seminar, University of Illinois, Urbana, IL.

Gould, D., Eklund, R., & Jackson, S. (1990, September 13). *An in-depth examination of mental factors and preparation techniques associated with Olympic wrestling excellence*. Symposium presented at the Association for the Advancement of Applied Sport Psychology Conference, San Antonio, TX.

Krane, V., Finch, L., Gould, D., Eklund, R., & Kelley, B. (1990, September 13). *Factors influencing coaches' ability to predict anxiety levels in their athletes: Part I - state anxiety*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, San Antonio, TX.

Finch, L., Krane, V., Gould, D., Eklund, R., & Kelley, B. (1990, September 13). *Factors influencing coaches' ability to predict anxiety levels in their athletes: Part II - trait anxiety*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, San Antonio, TX.

Gould, D. (1991, July 8). *Stress management and coping strategies in sports*. Presentation made at the International Congress on Stress, Anxiety and Emotional Disorders, University of Minho, Braga, Portugal.

Gould, D., & Jackson, S. (1991, November 19). *Qualitative research in sport psychology*. Workshop presentation made at the First South Pacific Association of Sports Psychology International Congress, Melbourne, Australia.

Gould, D. (1991, November 20). *Stress management and coping strategies in sport*. Keynote presentation made at the First South Pacific Association of Sports Psychology International Congress, Melbourne, Australia.

Gould, D. (1992, February 6). *Stress management and coping strategies in sport*. Presentation made to the Department of Psychology, Virginia Commonwealth University, Richmond, VA.

Gould, D. (1992, May 29). *Psychological skills for enhancing performance: Arousal regulation strategies*. Invited presentation made at the American College of Sports Medicine Meeting, Dallas, TX.

Gould, D. (1992, June 25). *Future research in sport psychology*. Presentation made at the Department of

Kinesiology Seminar, Baton Rouge, LA.

- Gould, D. (1992, August 17). *Development of research and practice in sport psychology: The Griffith era - 1920 to 1950*. Presentation made as part of the American Psychological Association Centennial Symposium titled "Development of research and practice: Sport psychology's first 100 years", American Psychological Association Conference, Washington, DC.
- Gould, D., Jackson, S., Finch, L. & Ravizza, K. (1992, October 31). *Sources of stress and coping strategies in National Champion figure skaters*. Symposium presented at the American Association for the Advancement of Applied Sport Psychology Conference, Colorado Springs, CO.
- Gould, D., Tuffey, S., Hardy, L. & Lochbaum, M. (1992, October 29). *Multidimensional state anxiety and middle distance running performance: A test of Hanin's (1980) optimal zones of functioning hypothesis*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Colorado Springs, CO.
- Gould, D. (1993, April 16). *Mental preparation and sport performance*. Presentation made to the Department of Physical Education and Health Studies, Miami University, Oxford, OH.
- Gould, D. (1993, November 6). *Coping with stress: Implications for sports science, sports medicine and coaching*. Invited keynote presentation made at the UK Sport Partners in Performance Conference, Manchester, England.
- Gould, D. (1993, November 9). *Qualitative research in sports psychology*. Presentation made to the Department of Health and Human Performance, University of Wales, Bangor.
- Gould, D. (1994, June 2). *Psychological aspects of endurance sports participation for children*. Presentation made at the American College of Sports Medicine Conference, Indianapolis, Indiana.
- Gould, D., Udry, E., Tuffey, E., & Loehr, J. (1994, June 3). *Burnout in junior elite tennis*. Presentation made at the American College of Sports Medicine Conference, Indianapolis, IN.
- Gould, D. & Tuffey, S. (1994, July 14). *Zones of optimal functioning: A review and critique*. Presentation made at the Stress and Anxiety Research Society Research Conference. Madrid, Spain.
- Gould, D. (1994, September 2). *Coping with stress: Sport psychological research and practice*. Presentation made to the Department of Psychology Faculty and Graduate Student Seminar, University of Wollongong, Wollongong, New South Wales, Australia.
- Gould, D. (1994, September 6). *Selecting a thesis topic: Making a contribution on a topic you like*. Presentation made to Department of Human Movement Honors Students, Faculty of Education, University of Sydney, Sydney, Australia.
- Gould, D. (1994, September 12). *Burnout in athletes*. Presentation made at the University of Canberra, Canberra, Australia.
- Gould, D. (1994, September 13). *Peak performance research*. Presentation made to Sports Science-Sports Medicine Center Seminar, Australian Institute of Sport, Canberra, Australia.
- Gould, D. (1994, September 13). *Qualitative research in sport psychology*. Presentation made to the Victoria Board of Sport Psychology, Melbourne, Australia.
- Gould, D. (1994, September 15). *Coping with stress: Implications for sport science, medicine and practice*.

- Presentation made to the Department of Psychology Faculty Seminar, Latrobe University, Melbourne, Australia.
- Gould, D. (1994, September 19). *Coping with stress: Implications for sport science and practice*. Presentation made to the Department of Human Movement, University of Western Australia, Perth, Australia.
- Gould, D. (1994, September 20). *Qualitative research in sport psychology*. Presentation made to the Department of Human Movement, University of Western Australia, Perth, Australia.
- Gould, D. (1994, September 21). *Mental preparation and performance optimization*. Presentation made to the Curtin University of Technology School of Psychology, Perth, Australia.
- Gould, D. (1994, September 24). *Coping with stress: Implications for sport science research, theory and practice*. Presentation made to the Department of Movement Science, University of Queensland, Brisbane, Australia.
- Gould, D. (1994, September 28). *New directions in the anxiety athletic-performance relationship*. Invited keynote address made at the Australian Psychological Society Convention, Woolongong, Australia.
- Gould, D. (1994, October 7). *Coping with stress: Sport psychological research, theory and practice*. Keynote presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Lake Tahoe, NV.
- Gould, D. (1994, October 9). *Understanding athlete burnout: Research, theory and practice*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Lake Tahoe, CA.
- Gould, D. (1995, June 6). *Qualitative research in sport psychology*. Presentation made to the Department of Psychology, University of Minho, Braga, Portugal.
- Gould, D. (1995, July 11). *Coping in sport: Current status and future directions*. Presentation made at the Stress and Anxiety Research Conference, Prague, Czech Republic.
- Gould, D. (1995, August 29). *Qualitative research in sport psychology*. Invited presentation made at the Seoul International Sport Science Congress, Seoul, Korea.
- Gould, D. (1995, August 30). *Mental preparation for peak performance*. Invited keynote presentation made to the Korean Society for Sport Psychology, Seoul, Korea.
- Gould, D. (1995, August 31). *The psychology of stress and coping*. Presentation made to the Department of Physical Education, Seoul National University, Seoul, Korea.
- Gould, D. (1995, October 8). *Personal motivation gone awry: Burnout in competitive athletes*. Presentation made at the American Academy of Kinesiology and Physical Education Conference, Vail, CO.
- Gould, D. (1996, March 13). *The psychological aspects of serious injuries in ski racing: A qualitative study*. Presentation made at the Injury Prevention Research Center, University of North Carolina, Chapel Hill, NC.
- Finch, L., Gould, D., Smethurst, C. & Steffen, B. (1996, October 17). *Mental toughness in collegiate athletes*. Presentation made at the Association for the Advancement of Applied Sport Psychology, Williamsburg, VA.

- Gould, D., Udry, E., Bridges, D. & Beck, L. (1996, October 18). *An investigation of the psychology of season-ending ski racing injuries and injury rehabilitation*. Presentation made at the Association for the Advancement of Applied Sport Psychology, Williamsburg, VA.
- Gould, D. (1997, March 27). *Burnout in athletes*. Presentation made to the Department of Physical Education, Health, and Sports Studies Faculty Seminar, Miami University, Oxford, OH.
- Gould, D. (1997, April 25). *Sport psychology for young athletes*. Gatorade Sports Science Institute, Caracas, Venezuela.
- Gould, D. (1997, July 7). *Qualitative methods in stress and performance research: In search of varied methods*. Presentation made at the International Society of Sport Psychology IX World Congress, Wingate Sport and Physical Education Institute, Netanya, Israel.
- Gould, D. (1997, August 1). *Sport, exercise, health, and productivity*. Presentation made to the Taramanagara University Foundation, Taramanagara University, Jakarta, Indonesia.
- Gould, D. (1997, September 23). *Age group swimming fun project report*. Presentation made at the United States Aquatic Convention, San Francisco, CA.
- Gould, D. (1997, September 25). *Arousal-related states in athletes: Performance influences and regulation strategies*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, San Diego, CA.
- Peterson, K. Quinn, A., Udry, E., & Gould, D. (1997, September 26). *Social support, coping and athletic injury*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, San Diego, CA.
- Gould, D. (1997, December 8). *Stress and coping in sport*. Presentation made to the Department of Physical Education and Sport Science, Democritus University of Thrace, Komotini, Greece.
- Gould, D. (1998, March 19). *Qualitative research in sport psychology*. Invited keynote presentation made at the French Society of Sport Psychology Conference. Poitiers, France.
- Gould, D. (1998, July 18). *Psychological factors in athletic injury and injury recovery*. Invited presentation made at the European College of Sport Science. Manchester, England.
- Gould, D., Guinan, D., Greenleaf, C., Peterson, K., & Strickland, M. (1998, September 24). *Positive and negative factors influencing U.S. athletes and coaches competing at the Atlanta Olympic Games*. Symposium presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Cape Cod, MA.
- Gould, D., Guinan, D., Damarjian, N., Medbery, R., & Laurer, L. (1998, September 26). *Developing effective mental skills strategies for junior tennis*. Symposium presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Cape Cod, MA.
- Gould, D. (1999, April 2). *Positive and negative factors influencing Olympic performance*. Presentation made to the Department of Physical Education, Health, and Sport Studies, Miami University, Oxford, OH.
- Gould, D., Greenleaf, C., Guinan, D., Dieffenbach, K., McCann, S. (1999, May 21). *Pursuing performance excellence: Lessons learned from Olympic athletes and coaches*. Presentation made at the Third World Congress on Mental Training. Salt Lake City, UT.

- Gould, D., Medbery, R., & Tuffey, S. (1999, May 25). *Fun sources and factors affecting fun sources in age group swimmers*. Presentation made at the “Youth Sports in the 21st Century: Organized Sport in the Lives of Children and Adolescents” International Conference, Michigan State University, East Lansing, MI.
- Gould, D. (1999, May 24). *Psychological issues in youth sports: Competitive anxiety, over training and burnout*. Invited keynote presentation made at the “Youth Sports in the 21st Century: Organized Sport in the Lives of Children and Adolescents” International Conference, Michigan State University, East Lansing, MI.
- Gould, D., Greenleaf, C., Chung, Y., Lauer, L., Dieffenbach, K., McCann, S., & Peterson, K. (1999, August 22). *Factors influencing U.S. athlete and coach performance in the 1998 Nagano Olympics*. Presentation made at the American Psychological Association Conference, Boston, MA.
- Gould, D. (1999, September 21). *Olympic performance influences*. Presentation made to the College of Kinesiology Faculty, University of Saskatchewan, Saskatoon, Saskatchewan, Canada.
- Gould, D. (1999, September 23). *The problem of overtraining in sport: Research and practice*. Presentation made at the Association for the Advancement of Applied Sport Psychology, Banff, Alberta, Canada.
- Gould, D., Hardy, L., Medbery, L., Dieffenbach, K., Lauer, L., Damarjian, N., & Jones, G. (1999, September 24). *Identifying the range of emotions in sport achievement striving*. Presentation made at the Association for the Advancement of Applied Sport Psychology, Banff, Alberta, Canada.
- Edwards, T., Hardy, L., Kingston, K., & Gould, D. (1999, September 24). *Coping with performance catastrophes: A qualitative analysis*. Presentation made at the Association for the Advancement of Applied Sport Psychology, Banff, Alberta, Canada.
- Gould, D. (1999, September 26). *Alternative paradigm for intervention in elite sport*. Reaction presentation made at the Association for the Advancement of Applied Sport Psychology, Banff, Alberta, Canada.
- Gould, D. (1999, November 12). *Psychological interventions for elite athletes*. Presentation made at the International Congress on Psychology Applied to Sport. Madrid, Spain.
- Gould, D. (2000, March 21). *Qualitative techniques: Interview methods and applications to research in sport psychology*. Presentation made at the American Alliance for Health, Physical Education, Recreation and Dance National Conference, Orlando, Florida.
- Gould, D. (2000, June 29). *Children’s psychological development through sport*. Presentation made the University of Southern Maine Sport Psychology Institute, Portland, Maine.
- Gould, D. (2000, June 30). *The psychology of Olympic excellence: Implications for athletes*. Presentation made the University of Southern Maine Sport Psychology Institute, Portland, Maine.
- Gould, D. (2000, July 9). *Emotions and sport performance: Moving beyond arousal and anxiety*. Presentation made the French Society of Sport Psychology International Conference, Paris, France.
- Gould, D. (2000, October 19). *Qualitative research in sport psychology*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Nashville, Tenn.
- Gould, D. (2001, March 30). *Achieving that success attitude in athletes*. Presentation made at the American Alliance for Health, Physical Education, and Recreation National Conference, Cincinnati, Ohio.

- Gould, D. (2001, May 5). *Mental preparation for performance optimization*. Presentation made at the Invited Symposium on "Enhancing Human Performance, Western Psychological Association Conference, Maui, Hawaii.
- Yong, C., & Gould, D. (2001, May 29). *A study identifying barriers to PST in the training room*. Presentation made at the 10th World Congress of Sport Psychology, Skiathos Island, Greece.
- Gould, D. (2001, May 30). *The psychology of Olympic excellence*. Invited keynote presentation made at the 10th World Congress of Sport Psychology, Skiathos Island, Greece.
- Gould, D., Dieffenbach, K., & Moffett, A. (2001, October 5). *The development of psychological talent in Olympic champions*. Symposium presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Orlando, Florida.
- Gould, D. (November 2). *The development of psychological talent in Olympic champions*. Presentation made to the Department of Health and Human Performance, University of Wales, Bangor, Wales.
- Gould, D. (2001, Nov. 18). *The psychology of athletic excellence and its development*. Invited keynote presentation made at the Society of Sport and Exercise Psychology of Taiwan Conference, Taipei, Taiwan.
- Gould, D. (2002, June 27). *Psychological talent in Olympic champions and its development*. Presentation made at the University of Southern Maine Sport Psychology Institute, Portland, Maine.
- Gould, D. (2002, June 28). *Teaching life skills through sport*. Presentation made at the University of Southern Maine Sport Psychology Institute, Portland, Maine.
- Gould, D., Chung, Y., Collins, K., Lauer, L. (2002, October 31). *Data based approaches to understanding life skill development through sport*. Symposium presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Tucson, Arizona.
- Collins, K., Lauer, L., Gould, D., & Chung, Y. (2003, April 2). *Analyzing qualitative data of award winning high school football coaches*. Presentation made at the American Alliance for Health, Physical Education, Recreation and Dance Conference, Philadelphia, Pa.
- Gould, D. (2003, April 11-15). *The role of parents in tennis success*. USTA Annual Meeting. La Quinta, California.
- Gould, D. (2003, April 25). *The development of life skills through sport*. Presentation made to the Department of Physical Education, Health and Sport Studies, Miami University, Oxford, Ohio.
- Gould, D. (2003, June 20). *Research on coaching life skills: Implications for coaching education*. Presentation made at the National Council for the Accreditation of Coaching Education National Conference, Pennsylvania State University, State College, Pa.
- Fink, C., Rolo, C., Taylor, M., Jannes, C., & Gould, D. (2003, July 23). *Factors affecting the performance of 2000 Sydney Olympic athletes*. Presentation made at the IX European Congress of Sport Psychology Conference, Copenhagen, Denmark.
- Taylor, M., Gould, D., Rolo, C. (2003, July 23). *Performance strategies of medallists and non-medallists at the Sydney Olympic Games*. Presentation made at the IX European Congress of Sport Psychology Conference, Copenhagen, Denmark.

- Gould, D. (2003, October 8). *Olympic sport psychology: What Olympians can tell us about sport psychology and mental preparation*. Presentation made at the US Olympic Committee Sport Psychology Registry Mini-, Philadelphia, Pa.
- Gould, D. (2003, October 8). *Coaching mental skills: A tribute to Coleman Griffith and reflections on current research*. Coleman Griffith Keynote Lecture presentation Association for the Advancement of Applied Sport Psychology Conference, Philadelphia, Pa.
- Gould, D., Jannes, C., Dieffenbach, K., & Lauer, L. (2003, October 11). *Psychological foundations on sport parenting*. Symposia presentation made at Association for the Advancement of Applied Sport Psychology Conference, Philadelphia, Pa.
- Gould, D. (2003, December 4). *Teaching life skills through sport*. Presentation made the Faculty of Sport and Health Sciences "Exercise and Psychological Well-Being Symposium, University of Jyväskylä, Jyväskylä, Finland.
- Gould, D. (2003, December 7). *The psychology of Olympic participation*. Presentation made a the International Congress of Big Games Competition Congress, Center for International Sport, Lisbon, Portugal.
- Gould, D., Rolo, C., & Fink, C. (2004, April 2). *Factors affecting the performance of Mexican athletes at the 2000 Sydney Olympic Games*. Presentation made at the Mexican Olympic Committee Sport Psychology Conference, Mexico City, Mexico.
- Gould, D., Rolo, C., & Fink, C. (2004, April 3). *Factors affecting the performance of Mexican coaches at the 2000 Sydney Olympic Games*. Presentation made at the Mexican Olympic Committee Sport Psychology Conference, Mexico City, Mexico.
- Gould, D. (2004, April 8). *The role of parents in tennis success and failure*. Dorothy Harris Lecture in Sport Psychology, The Pennsylvania State University, State College, Pa.
- Lauer, L., Carson, S., Cornish, D., & Gould, D. (2004, September 30). *"Playing tough but clean hockey": An emotional control program to reduce aggression in youth ice hockey..* Presentation made at Association for the Advancement of Applied Sport Psychology Conference, Minneapolis, Minn.
- Gould, D. (2004, October 1). *Athlete burnout: Recent developments and future directions: A Reaction*. Presentation made at Association for the Advancement of Applied Sport Psychology Conference, Minneapolis, Minn.
- Gould, D. (2005, March 19). *Positive youth development through sport*. Presentation made at Summit on Positive youth Development Through Sport, Springfield College, Springfield, Mass. (114)
- Gould, D. (2005, April 1). *Future directions in youth sports research*. Presentation made at the Graduate Studies Seminar, Dept. of Kinesiology, Michigan State University, East Lansing, MI.
- Gould, D. (2005, August 17). *Understanding how champions develop mental toughness: The role of parents and coaches*. Presentation made at the International Society of Sport Psychology 11th World Congress, Sydney, Australia.
- Benham, R., Carson, S., Lauer, L. & Gould, D. (2005, September 1). *Voices from the field: North American coaches' perspectives on interscholastic athletics*. Presentation made at the 8th European Network of Sports Science, Education and Employment (ENSSEE) Forum, at Limerick, Ireland.

Gould, D. (2005, September 4). *The psychology of high performance*. Keynote presentation made at the British Association for Sport Sciences, Loughborough University, United Kingdom.

Gould, D. (2005, September 6). *Future directions in coaching research*. Presentation made at the British Association for Sport Sciences, Loughborough University, United Kingdom.

Gould, D., Lauer, L., Roman, N., & Pierce, M. (2005, October 27). *Parenting tennis champions: A study of professional tennis players, their parents and coaches*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Vancouver, British Columbia, Canada.

Scholarly - Service Presentations

Rushall, B., Smith, K., & Gould, D. (1972, November). *A psychological consultation service for sporting environments*. Paper presented at Atlantic Provinces Health, Physical Education and Recreation Association Conference, Acadia University, Wolfville, Nova Scotia.

Gould, D. (1979, September 12). *The role of the youth sports coach in building "character" or "characters"*. Paper presented at the National Youth Sports Forum, National Recreation and Parks Association, Lansing, MI.

Gould, D. (1979, October 25). *Competition in children's sports - pro's and con's*. Paper presented at the Joint IAHPER, ICEA, IPRA Conference, Fort Wayne, IN.

Gould, D., & Weiss, M.R. (1979, November 9). *What research tells the coach and teacher about building sportsmanship*. Paper presented at the Michigan Association for Health, Physical Education, and Research Conference, Kalamazoo, MI.

Gould, D., & Weiss, M.R. (1980, January 21). *Safeguards for the psychological development of players, coaches and parents*. Paper presented at the Michigan Recreation and Parks Association Conference, Detroit Plaza Hotel, Detroit, MI.

Gould, D. (1980, April 1). *Helping coaches become better teachers*. Paper presented at the National Recreation and Park Association Southern Regional Conference, Lexington, KY.

Gould, D. (1980, October 2). *The psychological impact of youth programs*. Paper presented at the Western New York Recreation and Parks Conference, Buffalo, NY.

Gould, D. (1980, October 7). *The psychology of athletic competition*. Paper presented at the University of Minnesota-Duluth, School of Medicine, Continuing Education Program, "Sports Medicine: A Different Perspective," St. Luke's Hospital, Duluth, MN.

Gould, D. (1980, October 8). *Competition in children*. Paper presented at the University of Minnesota-Duluth, School of Medicine, Continuing Education Program, "Sports Medicine: A Different Perspective," St. Luke's Hospital, Duluth, MN.

Gould, D. (1980, October 21). *Self-perceived educational needs of volunteer coaches and the recreator's role in fulfilling those needs*. Paper presented at the National Recreation and Parks Association Congress, Phoenix, AZ.

Gould, D. (1980, November 6). *Stress management for athletes*. Paper presented at the Michigan Association of Health, Physical Education and Recreation Conference, Traverse City, MI.

- Gould, D. (1981, March 21). *Ethical practices and concerns in psychological experimentation with athletes*. Paper presented at the American Alliance of Health, Physical Education, Recreation and Dance Midwest District Convention, Chicago, IL.
- Gould, D. (1981, April 27). *Educational programs that volunteer coaches are willing to attend*. Paper presented at the Second Annual Youth Sports Forum, East Lansing, MI.
- Gould, D., Feltz, D., Weiss, M., & Petlichkoff, L. (1981, August 29). *Fostering psychological development in young athletes: A reaction*. Paper presented at the 5th World Sport Psychology Conference, International Society of Sport Psychology, Ottawa, Canada.
- Gould, D. (1982, January 23). *What every administrator should know about educating youth sport coaches*. Paper presented at the Solutions to Youth Sports Problems conference - Michigan Recreation and Park Association/Youth Sports Institute, Grand Rapids, MI.
- Gould, D. (1982, March 23). *Higher education's role in educating youth sports coaches*. Presentations made to the Department of Physical Education and Recreation, Kansas State University, Manhattan, KS.
- Gould, D. (1982, April 3). *Volunteer coaches: Who are they and what do they want from us?* Presentation made at the Midwest American Association for Health, Physical Education, Recreation, and Dance Convention, Grand Rapids, MI.
- Gould, D. (1982, April 25). *The A-B-C's of successful educational programs for volunteer coaches*. Presentation made at the American Alliance for Health, Physical Education, Recreation and Dance National Convention Research Consortium Symposia titled "Educating Volunteer Youth Sport Coaches", Houston, TX.
- Gould, D. (1982, April 25). *From research to results - some reflections on applied sport psychology*. Presentations made at the American Alliance for Health, Physical Education, Recreation and Dance National Convention Sport Psychology Academy Meeting, Houston, TX.
- Gould, D. (1982, June 10). *Physical activity and mental well-being*. Presentation made at the Counseling Centers of Western New York Conference, University of Rochester, Rochester, NY.
- Gould, D. (1982, June 28). *Educating youth baseball coaches*. Presentation made at the Little League Baseball, Inc. Headquarters, Williamsport, PA.
- Gould, D. (1982, December 1). *Stress and anxiety in youth athletics*. Invited presentation at the National Council of Youth Sport Directors Annual Conference, Colorado Springs, CO.
- Gould, D., Miller, S., & Edwards, V. (1983, April 7). *Managing stress in the gymnasium*. Presentation made in a symposium titled "Keep your eye on the child instead of the ball: Developmental instructional strategies for children's physical education." American Association for Health, Physical Education, Recreation, and Dance National Convention, Minneapolis, MN.
- Gould, D. Horn, T., & Petlichkoff, L. (1983, April 7). *Applied sport psychology: Developing psychological skills through goal setting and coaching behaviors*. Presentations made at the American Association for Health, Physical Education, Recreation, and Dance National Convention, Minneapolis, MN.
- Gould, D. (1983, April 22). *Research in sport psychology: What we know about youth in sport*. Invited presentation made at the Arkansas Association of Health, Physical Education, Recreation, and Dance, Little Rock, AR.

- Gould, D. (1984, March 26). *An introduction to youth sports coaching education programs - The American Coaching Effectiveness Program*. Presentation made to the Kansas City Metropolitan Parks and Recreation Association, Independence, MO.
- Gould, D. (1984, March 29). *Goal setting: The staircase to athletic success*. Presentation made at the NASPE Sport Psychology symposium titled "Psychological Training for Peak Performance." American Association for Health, Physical Education, Recreation, and Dance National Convention, Anaheim, CA.
- Gould, D. (1984, April 6). *Organized sports and children: Psychological harm or benefit?* Presentation made at the Polyclinic Medical Center, Harrisburg, PA.
- Gould, D. (1984, May 28). *Understanding competitive stress: Preparing your skaters for the future*. Presentation made at the Ice Skating Institute of America 25th Anniversary Conference, Dallas, TX.
- Gould, D. (1984, October 18). *Sport psychology*. Presentation made at the Department of Physical Education, Grand Valley State College, Allendale, MI.
- Gould, D. (1985, April 17). *Strategies for building self-confidence - the cases of boxing, fencing and wrestling*. Presentation made at the Sport Psychology Academy Symposium titled, "Building confidence: Using sport psychology to your advantage", American Association for Health, Physical Education, Recreation, and Dance National Convention, Atlanta, GA.
- Gould, D., & Petlichkoff, L. (1985, October 4). *The age-group wrestler: Psychological concerns and attributes*. Big Ten Committee On Institutional Cooperation Symposium titled "Effects of Competitive Sports on Children and Youth", Michigan State University, East Lansing, MI.
- Gould, D. (1985, November 9). *Exercise and fitness psychology*. Presentation made at the Ohio Health and Fitness Conference, Columbus, OH.
- Gould, D. (1985, November 23). *Children in sport: How we prevent dropouts*. Presentation made at the Illinois Association for Health, Physical Education and Recreation Conference, Arlington Heights, IL.
- Gould, D. (1986, March 4). *Stress in children sports*. Presentation made to the Department of Health, Physical Education and Recreation Faculty Seminar, Illinois State University, Bloomington, IL.
- Gould, D. (1986, April 9). *Imagery for swimmers*. Presentation made at the 1986 Sport Psychology Academy Preconvention Symposium "Imagery as a Technique for Performance Enhancement", American Association for Health, Physical Education, Recreation, and Dance National Convention, Cincinnati, OH.
- Gould, D. (1986, April 10). *Attrition among youth sport participants: Causes and implications*. NASPE Youth Sports Coalition Symposium, American Association for Health, Physical Education, Recreation, and Dance National Convention, Cincinnati, OH.
- Gould, D. (1986, June 9). *Education of coaches in sport psychology principles*. Panel presentation given at the US Olympic Committee Applied Sport Psychology Workshop, Phoenix, AZ.
- Gould, D. (1986, June 9). *Sport psychology programs for developing junior elite athletes*. Panel presentation given at the US Olympic Committee Applied Sport Psychology Workshop, Phoenix, AZ.
- Gould, D. (1986, August 7). *Research on competitive stress in athletes*. Presentation made to the University of

North Carolina at Greensboro, Department of Physical Education Seminar, Greensboro, NC.

- Gould, D. (1986, October 4). *Motivation and fitness testing for children*. Presentation made to the American Association for Health, Physical Education, Recreation, and Dance Youth Fitness Testing Program Task Force, Chicago, IL.
- Gould, D. (1986, November 14). *Wrestling psychology: Safeguarding the mental health of the wrestler*. Presentation made at the 1986 World Cup of Greco-Roman Wrestling Sports Medicine Conference, Oaklawn, IL.
- Gould, D. (1987, February 19). *Promoting positive psychosocial growth in young athletes*. Presentation made at the Midwest District Convention of American Association for Health, Physical Education, Recreation, and Dance Symposium on the Unique Child, Chicago, IL.
- Gould, D. (1987, April 17). *The American Coaching Effectiveness Program: The First Five Years*. Presentation made at the American Alliance for Health, Physical Education, Recreation and Dance National Convention, Las Vegas, NV.
- Gould, D. (1987, June 4). *Perspectives on sport psychology*. Panel presentations made at the North American Society for the Psychology of Sport and Physical Activity Convention Workshop, Vancouver, British Columbia, Canada.
- Gould, D. (1987, October 17). *Sport psychology for youth athletes*. Presentation made at the US Olympic Committee National Conferences on Sport Psychology, Arlington, VA.
- Gould, D. (1988, April 9). *The role of the youth sports coach*. Presentation made at the American Alliance for Health, Physical Education, Recreation and Dance National Convention, Kansas City, MO.
- Gould, D. (1988, June 4). *Psychology for the teenage athlete*. Presentation made as part of the Education Unit of the Sheppard Pratt Hospital Sport Psychology Center Workshop Series, Baltimore, MD.
- Gould, D. (1988, June 24). *Sport psychology for young athletes*. Presentation made at the University of Southern Maine Sport Psychology Institute, Portland, ME.
- Gould, D. (1988, October 5). *Career development in sport psychology: Options for those pursuing a Ph.D. in physical education*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Nashua, NH.
- Gould, D. (1988, October 8). *Sport psychology and psychological skills training for athletes*. Presentation made to the American Water Ski Association Elite Coaches Meeting, U.S. Olympic Complex, Colorado Springs, CO.
- Gould, D. (1988, October 8). *Educating America's coaches*. Presentation made to the American Water Ski Association Elite Coaches Workshop, U.S. Olympic Complex, Colorado Springs, CO.
- Gould, D. (1988, October 11). *Introduction to psychological skills training*. Presentation made at the U.S. Olympic Committee Coaches College on Applied Physiology and Sport Psychology, U.S. Olympic Complex, Colorado Springs, CO.
- Gould, D. (1988, October 11). *Mental preparation, optimal arousal and arousal regulation*. Presentation made at the U.S. Olympic Committee Coaches College on Applied Physiology and Sport Psychology, U.S. Olympic Complex, Colorado Springs, CO.

- Gould, D. (1988, November 7). *Psychological skills training for skaters: Common problems and potential solutions*. Presentation made at the U.S. Olympic Committee and U.S. Figure Skating Association Conference on the Application of Sport Science and Medicine in Figure Skating, U.S. Olympic Complex, Colorado Springs, CO.
- Gould, D. (1988, November 8). *Designing a psychological skills training program for figure skaters*. Presentation made at the U.S. Olympic Committee and U.S. Figure Skating Association Conference on the Application of Sport Science and Medicine in Figure Skating, U.S. Olympic Complex, Colorado Springs, CO.
- Gould, D. (1988, November 11). *Sport psychology for the young athlete: From research to practice*. Presentation made at the North Carolina Alliance for Health, Physical Education, Recreation and Dance Convention, Greensboro, NC.
- Gould, D. (1988, December 5). *Introduction to psychological skills training*. Presentation made at the U.S. Olympic Committee Coaches College on Applied Physiology and Sport Psychology, U.S. Olympic Complex, Colorado Springs, CO.
- Gould, D. (1988, December 5). *Mental preparation, optimal arousal and arousal regulation*. Presentation made at the U.S. Olympic Committee Coaches College on Applied Physiology and Sport Psychology, U.S. Olympic Complex, Colorado Springs, CO.
- Gould, D. (1989, March 13). *Methods for effectively coaching young athletes*. Presentation made to the Department of Health, Physical Education and Recreation, Frostburg State University, Frostburg, MD.
- Gould, D. (1989, March 13). *Are young athletes placed under too much stress?* Presentation made to the Department of Health, Physical Education and Recreation, Frostburg State University, Frostburg, MD.
- Gould, D. (1989, March 14). *Awards and rewards: How many and how often?* Presentation made to the Department of Health, Physical Education and Recreation, Frostburg State University, Frostburg, MD.
- Gould, D. (1989, March 14). *The youth sport dropout: Are we burning out young athletes?* Presentation made to the Department of Health, Physical Education and Recreation, Frostburg State University, Frostburg, MD.
- Gould, D. (1989, March 14). *The psychological effects of athletic competition on children*. 1989 Lillian M. Wellner Distinguished Scholar Lecture, Frostburg State University, Frostburg, MD.
- Gould, D. (1989, May 15). *Application of sports psychology for performance optimization*. Presentation made at the Olympic Council of Asia Conference titled "Science and Technology in Sport", Bangkok, Thailand.
- Gould, D. (1989, May 15). *Strategies for mental preparation and stress management*. Presentation made at the Olympic Council of Asia Conference titled "Science and Technology in Sport", Bangkok, Thailand.
- Gould, D. (1989, May 19). *Mental preparation and planning for athletic excellence*. Presentation made at the Sports Psychology Conference for Athletes and Coaches, Mankato State University, Mankato, MN.

- Gould, D. (1989, May 20). *Youth sports research: Current status and future directions*. Presentation made at the Sports Psychology Conference for Athletes and Coaches, Mankato State University, Mankato, MN.
- Gould, D. (1989, June 29). *Teaching psychological skills to athletes*. Presentation made at the 12th Annual Sport Psychology Conference, University of Virginia, Charlottesville, VA.
- Gould, D. (1989, June 29). *An overview of youth sports research*. Presentation made at the 12th Annual Sports Psychology Conference, Charlottesville, VA.
- Gould, D. (1989, June 30). *Mental strategies for coming off the bench*. Presentation made at the 12th Annual Sport Psychology Conference, University of Virginia, Charlottesville, VA.
- Gould, D. (1989, June 30). *A long-term intervention with elite figure skaters*. Presentation made at the 12th Annual Sport Psychology Conference, University of Virginia, Charlottesville, VA.
- Gould, D. (1989, July 1). *Designing your own psychological skills training program*. Presentation made at the 12th Annual Sport Psychology Conference, University of Virginia, Charlottesville, VA.
- Gould, D. (1989, July 19). *Youth sports around the world - young athlete's responses*. Invited keynote address made at the International Council of Health, Physical Education, Recreation World Congress, Frostburg State University, Frostburg, MD.
- Gould, D. (1989, September 9). *AAASP: A vision for the 1990's*. Presidential address made at the Association for Advancement of Applied Sport Psychology Conference, University of Washington, Seattle, WA.
- Gould, D. (1989, September 15). *Sport psychology for performance optimization*. Presentation made to the Department of Physical Education, Grand Valley State University, Allendale, MI.
- Gould, D. (1989, September 22). *Educational needs of elite U.S. coaches*. Presentation made at the First National Coaching Education Conference, U.S. Olympic Training Center, Colorado Springs, CO.
- Gould, D. (1989, September 23). *What coaches should know about the sport sciences to be qualified to coach*. Presentation made at the First National Coaching Education Conference, U.S. Olympic Training Center, Colorado Springs, CO.
- Gould, D. (1989, November 8). *A long-term intervention with elite figure skaters*. Presentation made to the Department of Kinesiology Sport Psychology Students and Staff, University of Illinois, Urbana, IL.
- Gould, D. (1989, November 17-18). *Psychology of Coaching*. Twelve hours of coaching in-service presentations, Oswego City School District, Oswego, NY.
- Gould, D. (1989, November 30). *Promoting participation patterns and preventing dropouts in youth sports*. Presentation made at the North Carolina Alliance for Health, Physical Education, Recreation and Dance Conference, Greensboro, NC.
- Gould, D. (1990, February 12-13). *Coaching education in the 1990's*. Two-day Department of Sport and Leisure Studies Workshop, University of New South Wales-St. George Campus, Sydney, Australia.
- Gould, D. (1990, February 14). *Joy and sadness in children's sports*. Presentation made at the University of New South Wales-St. George Campus, Sydney, Australia.
- Gould, D. (1990, February 15-16). *Children in sport*. Two-day Department of Sport and Leisure Studies

Workshop, University of New South Wales-St. George Campus, Sydney, Australia.

- Gould, D. (1990, February 28). *Sport and exercise psychology in the 1990's*. Presentation made to the Department of Physical Education, East Carolina University, Greenville, NC.
- Gould, D. (1990, March 4). *Coaches' certification: The status and need for coaching education*. Presentation made at the South Carolina American Association for Health, Physical Education, Recreation, and Dance Convention, Myrtle Beach, SC.
- Gould, D. (1990, March 5). *Psychosocial dimensions of athletic participation: Children in sport*. Gerry D'Agostino Memorial Lectureship Presentation, Department of Physical Education and Sport, State University of New York College at Brockport, Brockport, New York.
- Gould, D. (1990, April 1). *Mental preparation for performance optimization: Future directions in research and practice*. Presentation made at the American Association for Health, Physical Education, Recreation, and Dance National Conference, New Orleans, LA.
- Gould, D. (1990, April 11). *Application of sport psychology for athlete performance optimization*. Presson Lecture, Department of Health, Physical Education and Recreation, Murray State University, Murray, KY.
- Gould, D. (1990, June 19). *Sport psychology: Implications for counseling athletes and coaches*. Seven hour series of presentations made at the Institute for Counseling Student Athletes, Department of Educational Psychology, University of South Carolina, Columbia, SC.
- Gould, D. (1990, June 28). *Application of sport psychology for performance optimization*. Presentation made at the Sport Psychology Institute, Department of Psychology, University of Southern Maine, Portland, ME.
- Gould, D. (1990, June 28). *Stress management techniques for sport*. Presentation made at the Sport Psychology Institute, Department of Psychology, University of Southern Maine, Portland, ME.
- Gould, D. (1990, July 23). *Stress and stress management in sport: Sport science implications for guiding practice*. Keynote address made at the International Association for Physical Education in Higher Education (AIESEP) World Convention, Loughborough University, Loughborough, England.
- Gould, D., & Eklund, R. (1990, August 10). *Psychological factors associated with 1988 U.S. Olympic wrestler excellence: Implications for coaching*. Presentation made at the National Wrestling Convention, Palm Beach Gardens, FL.
- Gould, D. (1990, August 16). *Psychology of athletic injuries*. Presentation made to the New Zealand Federation of Sports Medicine-Cantabery Region, Christchurch, New Zealand.
- Gould, D. (1990, August 18). *Sport psychology and its role in enhancing athletic performance*. Invited keynote presentation made at the New Zealand Psychological Society Conference, Christchurch, New Zealand.
- Gould, D. (1990, August 18). *Applied sport psychology: Past, present and future*. Invited keynote presentation made to the New Zealand Sport Psychology Society Conference, Christchurch, New Zealand.
- Gould, D. (1990, September 15). *Confessions of an educational sport psychology consultant: Lessons learned*

the hard way. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, San Antonio, TX.

- Gould, D. (1990, October 27). *Coaching education methodology*. Panel discussion participant presentation made at the U.S. Olympic Coaching Workshop, U.S. Olympic Training Center, Colorado Springs, CO.
- Gould, D. (1990, December 6). *Intensive sports participation and the prepubescent athlete: Competitive stress and burnout effects*. Invited presentation made at the American Orthopedic Society for Sports Medicine Workshop on Intensive Training and Participation in Youth Sports, Peoria, IL.
- Gould, D. (1991, February 15). *Psychological factors associated with 1988 U.S. Olympic wrestling excellence*. Presentation made to the Department of Physical Education, Exercise and Sport Science, Sport Psychology Interest Group, University of North Carolina at Chapel Hill, Chapel Hill, NC.
- Gould, D. (1991, February 21). *Psychological factors associated with 1988 U.S. Olympic wrestling excellence*. Presentation made to the Department of Exercise Science and Physical Education, Arizona State University, Tempe, AZ.
- Gould, D. (1991, April 4). *Selecting a sport psychologist - Who? What? Where? and How?*. Symposium presentation made at the American Alliance for Health, Physical Education, Recreation and Dance National Convention, San Francisco, CA.
- Gould, D. (1991, April 5). *Stress and the young athlete: The child's perspective*. Symposium presentation made at the American Alliance for Health, Physical Education, Recreation and Dance National Convention, San Francisco, CA.
- Gould, D. (1991, April 24). *Ethics in children's sports: Building character or characters?* Presentation made to the School of Health Science and Physical Education, East Stroudsburg University, East Stroudsburg, PA.
- Gould, D. (1991, May 1-2). *National Federation of Interscholastic Coaches Education Program Leadership Training Program*. Two-day workshop presented to the Fairfax County School System, Fairfax, VI.
- Gould, D. (1991, May 5). *NCAA Youth Education Through Sport mentor training*. Presentation made at the NCAA Division I Lacrosse National Championship, Syracuse University, Syracuse, NY.
- Gould, D. (1991, June 1). *The psychology of the young athlete: Coaches, parents and kids*. Presentation made at the Current Concepts in Children's Orthopaedics Conference, The Medical University of South Carolina, Charleston, SC.
- Gould, D. (1991, June 1). *Stress and the child athlete*. Presentation made at the Current Concepts in Children's Orthopaedics Conference, The Medical University of South Carolina, Charleston, SC.
- Gould, D. (1991, June 28). *Sport psychology and Olympic athlete: Research to practice*. Presentation made at the Sport Psychology Institute, University of Southern Maine, Portland, ME.
- Gould, D. (1991, June 25-26). *USA Wrestling Bronze Leader Level Coaches Education Leadership Training Seminar*. Two-day seminar, Central Missouri State University, Warrensburg, MO.
- Gould, D. (1991, September 27). *Coaching in the 1990's: Critical issues*. 1991 U.S. Olympic Coaching Symposium Discussion Session Organizer, Facilitator and Integrator, U.S. Olympic Complex, Colorado Springs, CO.

- Gould, D. (1991, October 24). *Educational sport psychology: One approach to athlete intervention*. Presentation made at the Association for the Advancement of Applied Sport Psychology National Conference, Savannah, GA.
- Gould, D. (1991, October 27). *Implementing a psychological skills training program with youth gymnasts: A reaction*. Presentation made at the Association for the Advancement of Applied Sport Psychology National Conference, Savannah, GA.
- Gould, D. (1991, November 2). *American Coaching Effectiveness Program Leader Level Sport Science Clinic*. Georgia Association for Health, Physical Education, Recreation and Dance Leadership Conference, Stone Mountain, GA.
- Gould, D. (1992, June 29-30). *American Coaching Effectiveness Program Leader Level Sport Science Clinic*. University of North Carolina at Greensboro, Greensboro, NC.
- Gould, D. (1992, October 7). *Teaching values through sports*. Presentation made at the North Carolina Athletic Director's Workshop, Raleigh, NC.
- Giges, B., Ravizza, K., Gordin, R. & Gould, D. (1992, November 1). *Examining the process of sport psychology consulting*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Colorado Springs, CO.
- Gould, D. (1992, December 4). *Coaching young rowers: Psychological considerations*. Presentation made at the US Rowing National Convention, Pittsburgh, PA.
- Gould, D. (1993, February 23). *Mental preparation and sport performance*. Presentation made at the Norwegian University of Sport and Physical Education, Oslo, Norway.
- Gould, D. (1993, February 25). *Children in sport: The psychology of the young athlete*. Presentation made at the Norwegian University of Sport and Physical Education, Oslo, Norway.
- Gould, D. (1993, March 12-13). *Leadership training seminar*. Two-day American Coaching Effectiveness Program Seminar, Hanover Public Schools, Hanover, VA.
- Gould, D. (1993, April 3). *Sport psychology*. Presentation made at the Carolina's Psychology Conference, North Carolina State University, Raleigh, NC.
- Gould, D. (1993, June 25). *Mental preparation for performance optimization*. Presentation made at the Sport Psychology Institute, University of Southern Maine, Portland, ME.
- Gould, D. (1993, June 26). *Goal setting as a performance enhancer*. Presentation made at the Sport Psychology Institute, University of Southern Maine, Portland, ME.
- Gould, D. (1993, October 14). *Partnerships in sports: Working within a two-person system*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Montreal, Canada.
- Gould, D. (1993, October 14). *Mentoring on mentoring: Finding the right match*. Panel presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Montreal, Canada.
- Gould, D. (1993, October 15). *Professional issues influencing ethical behavioral choices*. Panel presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Montreal, Canada.

- Gould, D. (1993, October 15). *Burnout in coaches and athletes*. Panel presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Montreal, Canada.
- Gould, D. (1994, February 24). *Understanding burnout in junior tennis*. Presentation made at the US Tennis Association Area Training Centers Workshop, Indianapolis, IN.
- Gould, D. (1994, March 8). *Burnout in junior tennis*. Presentation made at the US Tennis Association National Conference, West Palm Beach, FL.
- Gould, D. (1994, June 23). *The psychology of athletic stress and coping*. The University of Southern Maine Sport Psychology Institute, Portland, ME.
- Gould, D. (1994, June 24). *Understanding athlete burnout*. The University of Southern Maine Sport Psychology Institute, Portland, ME.
- Gould, D. (1994, June 24). *Goal setting as a performance enhancer*. The University of Southern Maine Sport Psychology Institute, Portland, ME.
- Gould, D. (1994, June 27). *Mental preparation for performance optimization*. Presentation made at the University of Virginia Sport Psychology Conference, Charlottesville, VA.
- Gould, D. (1994, June 27). *Understanding burnout in athletes*. Presentation made at the University of Virginia Sport Psychology Conference, Charlottesville, VA.
- Gould, D. (1994, June 28). *Qualitative research in sport psychology*. Presentation made at the University of Virginia Sport Psychology Conference, Charlottesville, VA.
- Gould, D. (1994, October 7). *Supervision and applied sport psychology*. Workshop presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Lake Tahoe, NV.
- Gould, D. (1994, November 9). *Healthy development through sport*. Presentation made at the U.S. Olympic Congress, Nashville, TN.
- Gould, D. (1994, December 8). *Understanding burnout in junior tennis*. Presentation made to the Department of Health and Human Performance, University of Wales, Bangor, United Kingdom.
- Gould, D. (1994, December 13). *Understanding burnout in junior tennis*. Presentation made to the Division of Science, Staffordshire University, Stoke-on-Trent, United Kingdom.
- Gould, D. (1994, December 14). *Understanding burnout in junior tennis*. Presentation made to the Division of Sport Science, Manchester Metropolitan University, Crews and Alsager, United Kingdom.
- Gould, D. (1995, February 4). *Achieving peak performance: Lessons learned from Olympians*. Presentation made at the Delaware Army National Guard Annual State Conference, Newark, DE.
- Gould, D. (1995, June 3). *Psychological and mental preparation for sport performance optimization*. Invited presentation made at the International Conference on Psychology Applied to Sport and Exercise, Braga, Portugal.
- Gould, D. (1995, June 21-22). *Coaching principles leadership training*. Two-day American Sport Education Program Seminar, Henrico County Public Schools, Richmond, VA.
- Gould, D. (1995, November 1). *Psychological and mental preparation of elite athletes*. Presentation made at

Salem College, Winston-Salem, NC.

- Gould, D. (1995, November 4). *Sport psychology: Winning coaching methods*. Eight hour in-service coaching workshop, Oswego City School District, Oswego, NY.
- Gould, D. (1996, January 19-20). *Handling stress and avoiding burnout*. Presentation made at the Athletic Therapy Today Conference, Orlando, FL.
- Gould, D. (1996, February 19). *Sport psychology tips that work for star athletes and how they can help you*. Presentation made at the All-University Staff Seminar, Francis Marion University, Florence, SC.
- Gould, D. (1996, February 19). *Sport psychology and the Olympics: How athletes become great*. Francis L. Carter Memorial Lecture, Francis Marion University, Florence, SC.
- Gould, D. (1996, February 27). *Sport psychology*. Presentation made at Our Lady of Grace School Career Day Program, Greensboro, NC.
- Gould, D. (1997, April 25). *Sport psychology for young athletes*. Presentation made at the Gatorade Sport Science Institute Conference, Caracas, Venezuela.
- Gould, D. (1997, June 1). *Performance in the mystery zone: Training and competing in high aerobic/anaerobic demand events*. Panel participant, US Olympic Committee/American College of Sports Medicine Human Performance Summit, Denver, CO.
- Gould, D. (1996, June 20). *Psychology of stress and coping in athletes*. Presentation made at the University of Southern Maine Sport Psychology Institute, Portland, ME.
- Gould, D. (1996, June 21). *The psychology of athletic injuries*. Presentation made at the University of Southern Maine Sport Psychology Institute, Portland, ME.
- Gould, D. (1996, June 21). *Integrating mental training into practices: Psychological skills and drills*. Presentation made at the University of Southern Maine Sport Psychology Institute, Portland, ME.
- Gould, D. (1996, July 12). *Mental preparation*. Presentation made at the World Ice Hockey Summit, Boston, MA.
- Gould, D. (1996, September 27). *Perspectives on coaching standards*. US Olympic Committee Coaching Standards Development Conference, Colorado Springs, CO.
- Gould, D., Buceta, J., Chung, C.H., Fournier, J., Klodecka-Rozalska, J., Hodge, K., Swaim, A., Pensgard, A.M., Stambulova, N. & Thomas, P. (1996, October 17). *Sport psychology: A global perspective*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Williamsburg, VA.
- Gould, D. (1996, October 20). *Funding for applied sport psychology research in the United States: Holy grain or temple of doom?* Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Williamsburg, VA.
- Gould, D. (1996, November 17). *Involving the athletes: The Psychology of ski race injury recovery*. Presentation made at the US Olympic Sport Science & Technology Quadrennial Conference, Colorado Springs, CO.
- Gould, D. (1996, November 22). *Perspectives on applied sport psychology*. Presentation made to The

Department of Physical Education Sport Psychology Students & Staff. University of Virginia, Charlottesville, VA.

- Gould, D. (1996, November 23-24). *American sport education program Coaching principles leadership training seminar*. Presentation made to the Virginia High School League, Charlottesville, VA.
- Gould, D. (1997, June 16). *The psychology of athletic injuries*. Presentation made at the University of Virginia Sport Psychology Conference, Charlottesville, VA.
- Gould, D. (1997, August 15). *Staying academically motivated*. Presentation made at the new undergraduate student orientation. University of North Carolina Greensboro, Greensboro, NC.
- Gould, D. (1997, November 22-23). *American sport education program Coaching principles leadership training seminar*. Presentation made to the Virginia High School League, Charlottesville, VA.
- Gould, D. (1997, December 8). *Sport psychology consulting*. Presentation made to the Department of Physical Education and Sport Science, Democritus University of Thrace, Komotini, Greece.
- Gould, D. (1998, April 6). *Stress and sport: Research to practice*. Invited Research Consortium presentation made at the American Alliance of Health, Physical Education, Recreation and Dance National Conference, Reno, NV.
- Gould, D. (1998, April 15). *Psychology of athletic injuries*. Presentation made to Swiss Physical Education Student Exchange Group, University of North Carolina Greensboro, Greensboro, NC.
- Gould, D. (1998, April 18). *Children and sports: Psychosocial issues*. Invited Keynote presentation made at the Youth and Sports: Contemporary Issues for the Primary Physician Conference, Brainerd, MN.
- Gould, D. (1998, May 23). *Positive and negative factors influencing U.S. Olympic athletes and coaches: Atlanta Games Assessment*. Presentation made at the U.S. Waterpolo National Conference, San Jose, CA.
- Gould, D. (1998, June 7). *Positive and negative factors influencing U.S. Olympic athletes and coaches: Atlanta Games Assessment*. Presentation made at the U.S.A. Softball, Fort Worth, TX.
- Gould, D. (1998, June 25). *The psychology of stress and coping*. Presentation made at the Sport Psychology, University of Southern Maine, Portland, ME.
- Gould, D. (1998, June 26). *Sport psychology and the Nagano Olympic Games campaign: The case of the U.S. Freestyle Ski Team*. Presentation made at the Sport Psychology, University of Southern Maine, Portland, ME.
- Gould, D. (1998, July 17). *Racquet sports: Training mental skills*. Invited workshop presentation made at the European College of Sport Science. Manchester, England.
- Gould, D. (1998, September 12). *Priorities, goals and ski organizational planning*. Presentation made at the U.S. Ski and Snowboard Association Congress, Park City, UT.
- Gould, D. (1998, September 21). *The psychology of Olympic excellence*. Presentation made at the First International Congress of Olympic Winners, Olympia, Greece.
- Gould, D. (1998, September 25). *Emotional response to injuries: A reaction*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Cape Cod, MA

- Gould, D. (1998, September 24). *Sport psychology service provision at the 1998 Olympic Games*. Presentation made at the USOC Sport Psychology Registry Meeting, Association for the Advancement of Applied Sport Psychology Conference, Cape Cod, MA.
- Gould, D. (1998, October 13). *Preparing teams for Olympic success: Administrative considerations*. Presentation made at the U. S. Olympic Congress, Phoenix, AZ.
- Gould, D. (1998, November 30). *The psychology of Olympic excellence*. First Distinguished Lecture, Department of Health and Kinesiology, Georgia Southern University, Statesboro, GA
- Gould, D. (1998, December 4). *Developmental sport psychology: Critical issues for age group swimming*. Presentation made at the USA Swimming Sport Science Summit, Colorado Springs, CO.
- Gould, D. (1999, March 26). *The science of performance enhancement: Conducting research and practice that counts*. Invited keynote presentation made to the Northland American College of Sports Medicine Tutorial Conference, St. Cloud, MN.
- Gould, D. (1999, March 26). *Sport psychology and performance enhancement: The psychology of Olympic excellence*. Invited presentation made to the Northland American College of Sports Medicine Tutorial Conference, St. Cloud, MN.
- Gould, D., Greenleaf, C., & Lauer, L. (1999, April 25). *Lessons learned from U.S. Olympic Atlanta and Nagano Games coaches*. Presentation made to the U.S. Olympic Coaching Development Committee, Charlotte, NC.
- Gould, D. (1999, June 25). *Lessons learned from U.S. Olympic Atlanta and Nagano Games coaches*. Presentation made at the University of Virginia, Charlottesville, VA.
- Gould, D. (1999, June 25). *Mental skills and drills for athletes*. Presentation made at the University of Virginia, Charlottesville, VA.
- Gould, D. (1999, July 16). *Psychological antecedents of athletic injuries*. Invited presentation made the fourth annual Congress of the European College of Sports Medicine, Rome, Italy.
- Gould, D. & Greenleaf, C. (1999, July 19). *Factors influencing U.S. athlete performance in the 1998 Nagano Olympics*. Presentation made to the School of Sport, Health, Physical Education Sciences, University of Wales, Bangor, United Kingdom.
- Gould, D. (1999, August 30). *Applied sport psychology: Present status and future directions*. Presentation made to the Department of Physical Education, Seoul National University, Seoul, Korea.
- Gould, D. (1999, September 24). *Sport psychology in the next millenium: Where should we go?* Presentation made at the Association for the Advancement of Applied Sport Psychology, Banff, Alberta, Canada.
- Gould, D. (1999, September 25). *National training centers: What purpose do they serve?* Symposium reaction made at the Association for the Advancement of Applied Sport Psychology, Banff, Alberta, Canada.
- Gould, D. (1999, September 24). *Sport psychology in the next millenium: Where should we go*. Presentation made at the Association for the Advancement of Applied Sport Psychology, Banff, Alberta, Canada.
- Gould, D. (2000, March 20). *The psychology of excellence: Lessons learned from elite athletes*. Presentation made at the Seventh-Day Adventist Health, Physical Education and Recreation Association Conference, Orlando, Florida.

- Gould, D. (2000, March 23). *Motivating today's athletes and coaches*. Presentation made at the American Alliance for Health, Physical Education, Recreation, and Dance National Conference, Orlando, Florida.
- Gould, D. (2000, April 1). *Sport psychology and youth sports-Issues, opportunities and future directions*. Presentation made at the Southwest Sport and Exercise Psychology Conference, Phoenix, Arizona.
- Gould, D. (2000, May 19). *Optimizing performance prior to and during the Olympic Games*. Presentation made at the US Olympic Committee Sport Psychology Winter Sports Workshop, Colorado Springs, Colorado.
- Gould, D. (2000, May 24). *Performance enhancement consulting: Lessons, guidelines and common problems*. Invited keynote presentation made at the Sport Psychology in the New Millenium Conference, Halmstad, Sweden.
- Gould, D. (2000, June 14-15). *American sport education program Coaching principles leadership training seminar*. Presentation made to the North Carolina High School Activities Association, Wrightsville Beach, North Carolina.
- Gould, D. (2000, June 22). *The psychology of performance excellence*. Presentation made at the University of Virginia Sport Psychology Conference, Charlottesville, VA.
- Gould, D. (2000, June 23). *Building optimism and hope skills in athletes*. Presentation made at the University of Virginia Sport Psychology Conference, Charlottesville, VA.
- Gould, D. (2000, October 14). *Psychological factors in athletic injury rehabilitation*. Presentation made at the Southeastern Orthopedic Specialists Sports Medicine Seminar, Moses Cone Hospital, Greensboro, NC.
- Gould, D. (2000, October 19). *Teaching strategies for sport and exercise psychology*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Nashville, TN.
- Gould, D. (2000, October 20). *Identifying funding sources in sport and exercise psychology*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Nashville, Tenn.
- Gould, D. (2000, October 20). *Developing youth through football: The coaching academy program*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Nashville, Tenn.
- Gould, D. (2000, November, 3). *Children's psychological development through sport*. Presentation made at the Mexican Society of Sport Psychology Conference, Mexico City, Mexico.
- Gould, D. (2000, November, 3). *Stress management for athletes*. Workshop presentation made at the Mexican Society of Sport Psychology Conference, Mexico City, Mexico.
- Gould, D. (2001, February 15). *Coaching the child not the sport*. Paper presented at the Learning Life's Lessons Through Sport: Focus on Youth Development Conference, Virginia Commonwealth University, Richmond, VA.
- Gould, D. (2001, March 2). *Current issues in sport psychology: Performance enhancement consulting – lessons, guidelines, and common questions*. Presentation made at the Scotland Sport Psychology Consultants Workshop, Edinburgh, Scotland.

- Gould, D. (2001, March 5). *Stress management at major games*. Presentation made at the SportsScotland Commonwealth Games Coaches and Managers workshop, Edinburgh, Scotland.
- Gould, D. (2001, March 28). *Performance enhancement consulting: Lessons, guidelines, and common problems*. Presentation made at the Sport Psychology Colloquium, Department of Physical Education, Health, and Sport Studies, Miami University, Oxford, Ohio.
- Gould, D. (2001, April 19). *The psychology of Olympic performance excellence*. Harris lecture presentation made to the Department of Kinesiology and Recreation at the James Madison University, Harrisonburg, Va.
- Gould, D. (2001, May 27). *Mentally preparing Olympic athletes*. Preconference workshop made at the 10th World Congress of Sport Psychology, Skiathos Island, Greece.
- Gould, D. (2001, May 30). *Expanding the psychology of excellence*. Symposium presentation made at the 10th World Congress of Sport Psychology, Skiathos Island, Greece.
- Gould, D. (2001, May 30). *Teaching life skills: The NFL Coaching Academy Program*. Presentation made at the 10th World Congress of Sport Psychology, Skiathos Island, Greece.
- Gould, D. (2001, June 16). *Mental skills and drills for athletes*. Presentation made at the Springfield College Counseling Student Athletes Conference, Springfield, Mass.
- Gould, D. (2001, July 22). *Psychological talent development in Olympic Champions*. Presentation made at the Talent Development Center, Dept. of Psychology, UCLA, Los Angeles, CA
- Gould, D. (2001, August 3). *The NFL/NFF Coaching Academy Program*. Presentation made at the National Football League Salute to Youth Football National Conference, Canton, Ohio.
- Gould, D. (2001, August 25). *Sport psychology knowledge dissemination*. Presentation made at the American Psychological Association Convention, San Francisco, California.
- Gould, D. (2001, September 9). *Coaching mental skills*. Ellen Griffin Seminar Distinguished Lecture, University of North Carolina Greensboro, Greensboro, North Carolina.
- Gould, D. (2001, September 29). *U.S. experiences and initiatives*. Presentation made at the “Talented Children in Sport, Music, and Dance: How Can We Nurture talent without exploiting or abusing children” Colloquium, Center for Sport Policy Studies, University of Toronto, Toronto, Canada.
- Gould, D., (2001, October 4). *Performance enhancement consulting with Olympic athletes: A reaction*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Orlando, Florida.
- Gould, D., (2001, October 5). *Publishing a book*. Workshop panel participant. Association for the Advancement of Applied Sport Psychology Conference, Orlando, Florida.
- Gould, D., (2001, October 5). *The performance excellence movement: A reaction*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Orlando, Florida.
- Gould, D. (2001, October 27). *The psychology of performance excellence: The case of elite gymnasts*. Presentation made at the World Championships in Artistic Gymnastics Science in Gymnastics Conference, Gents, Belgium.

- Gould, D. (2001, November 8). *Psychological preparation of elite players*. Presentation made at the “Developing Elite Footballers: Putting Science into Practice” Conference, Liverpool John Moores University in conjunction with the World Commission of Science and Sports and the Football Coaches Association, Liverpool, England.
- Gould, D. (2001, Nov. 16). *The psychological development of athletes: Mental skills drills and activities*. Presentation made at the Society of Sport and Exercise Psychology of Taiwan Conference, Taipei, Taiwan.
- Gould, D. (2001, April 11). *The NFL/NFF Coaching Academy Program: Implications for USA Baseball*. Presentation made to the USA Baseball Executive Board Meeting, Durham, North Carolina.
- Gould, D., & Sie Pennisi, N. (2002, August 23). *Adaptive and maladaptive perfectionism in the dancer-athlete*. Presentation made American Psychological Association Conference, Chicago, Illinois.
- Gould, D. (2002, September 7). *Olympic leadership*. Presentation made at the Triad Leadership Consortium Conference, North Carolina A & T University, Greensboro, North Carolina.
- Gould, D. (2002, October 4). *What sport psychology can teach the business manager: From the playing field to the workplace*. Presentation made at the Program for Management Development, Bryan School of Business and Economics, University of North Carolina Greensboro, Greensboro, North Carolina.
- Gould, D. (2002, November 1). *The NFL/NFF Coaching Academy Program: Teaching life skills through sport*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference symposium on the “changing needs of youth: Implications for coaches’ education programs”, Tucson, Arizona.
- Gould, D. (2002, November 2). *Contextual intelligence: The key to successful sport psychology consulting*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference symposium “contextual intelligence: the key to successful consulting”, Tucson, Arizona.
- Gould, D. (2003, March 9). *Elite coaching from an applied perspective: Lessons learned from the Olympic environment*. Presentation made to the joint meeting of the Swedish Psychological Society and Sport Education Association, National Sport Training Center, Benson, Sweden.
- Gould, D. (2003, March 10). *Interventions in sport: The psychology of Olympic Excellence*. Presentation made at the Physical School of Sports Education, Stockholm, Sweden.
- Gould, D. (2003, March 11). *Sport psychology: The research to practice link*. Presentation made to the students and faculty, Department of Physical Education and Sport Studies, University of Orebro, Orebro, Sweden.
- Gould, D. (2003, March 21). *What sport psychology can teach the business manager? The making of the corporate athlete and coach*. Presentation made at the Bryan School of Management and Economics Program for Management Development, University of North Carolina Greensboro, Greensboro, North Carolina.
- Gould, D. (2003, April 7). *Talent development in young athletes: Psychological issues and guidelines*. Presentation made at the Athletics and Exercise and Sport Science Symposium, Colby-Sawyer College, New London, New Hampshire.

- Gould, D. (2003, September 13). *Myths surrounding the role of youth sports in developing champions*. Presentation made at the International Youth Sports Congress, Atlanta, Georgia.
- Gould, D. (2002, October 2). *Coaching the team*. Presentation made at the Program for Management Development, Bryan School of Business and Economics, University of North Carolina Greensboro, Greensboro, North Carolina.
- Gould, D. (2003, October 9). *Keys for Olympic success: A reaction*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Philadelphia, Pa.
- Gould, D. (2003, November 5). *Teaching life skills through sport*. Presentation made to the School of Sport and Exercise Sciences, Loughborough University, Loughborough, England.
- Gould, D. (2003, November 6). *Psychology for football*. Presentation made at the Football Association "Psychology of Football" Conference, Leicester, England.
- Gould, D. (2004, January 3). *The role of parents in tennis success*. Presentation made at the USTA Competitive Training Center Conference, Key Biscayne, Florida.
- Gould, D. (2004, March 12). *Sport psychology and children's sports: Implications for guiding practice*. Presentation made at the Singapore Sports Summit, Singapore.
- Gould, D. (2004, March 19). *Sport psychology for elite players*. Presentation made at the Sport Science Committee Meeting, U.S. Tennis Association Annual Meeting, San Juan, Puerto Rico.
- Gould, D. (2004, March 25). *Coaching the team*. Presentation made at the Program for Management Development, Bryan School of Business and Economics, University of North Carolina Greensboro, Greensboro, North Carolina.
- Gould, D. (2004, April 1). *Mentoring*. Presentation made at the "A Mentor for All Seasons – Preparing Future Professionals" Research Consortium Symposia, American Alliance for Health, Physical Education, Recreation and Dance, New Orleans, La.
- Gould, D. (2004, June 18). *The psychology of athletic injury rehabilitation*. Presentation made at the National Athletic Training Association Conference, Baltimore, Maryland.
- Gould, D. (2004, June 23). *Teaching life skills through sport*. Presentation made at the Sport Psychology Institute, University of Southern Maine, Portland, Maine.
- Gould, D. (2004, July 30). *The professionalization of youth sports*. Presentation made at the Gatorade Sport Science Institute Conference on "Increasing Physical Activity for Kids", Santa Cruz, California.
- Gould, D. (2004, July 30). *The professionalization of youth sports: Psychological implications*. Presentation made at the American Psychological Association Conference, Honolulu, Hawaii.
- Gould, D. (2004, August 6). *Sport psychology for the precollegiate athlete*. Presentation made at the Hitchcock Healthcare Symposium "Developing the Young Athlete," Aiken, South Carolina.
- Gould, D. (2004, October 8)). *Coaching the team*. Presentation made at the Bryan School of Management and

Economics Program for Management Development, University of North Carolina Greensboro, Greensboro, North Carolina.

- Gould, D. (2005, March 8). *Coaching the team*. Presentation made at the Bryan School of Management and Economics Program for Management Development, University of North Carolina Greensboro, Greensboro, North Carolina.
- Powell, J., & Gould, D. (2005, April 5). *Reporting: Moving from anecdotal to quantitative*. Presentation made the NFL Community Relations Business meeting, Detroit, Michigan.
- Gould, D. (2005, April 7). *The psychology of athletic excellence*. Presentation made at the Graduate Colloquium in Kinesiology, Northern Illinois University, DeKalb, Illinois.
- Gould, D. (2005, April 8). *Performance enhancement consulting: Lessons, guidelines and common problems*. Presentation made to the Department of Kinesiology, Northern Illinois University, DeKalb, Illinois.
- Gould, D. (2005, April 13). *Youth sports programming in the 21st century: Responding to trends and overcoming obstacles*. Presentation made at the YMCA of the USA EXPO Pre conference on meeting for youth sports directors", Santa Cruz, California.
- Gould, D. (2005, June 10). *Preparing coaches to effectively work with today's port parents*. Presentation made at the National Coaching Education Conference, Orlando, Florida.
- Gould, D. (2005, June 30). *Youth sports: What superintendents need to know about educational athletics*. Presentation made at the Michigan State University/University of Michigan Summer Institute for Superintendents, Glen Arbor, Michigan.
- Gould, D. (2005, August 14). *Mental training: Lessons learned by moving from the ball field to the boardroom and back*. Presentation made at the International Society of Sport Psychology Pre-Congress Workshop, Sydney, Australia.
- Linunen, T., Rovio, E., Salmi, O., & Gould, D. (2005, August 17). *Increasing psychological safety in a group*. Presentation made at the International Society of Sport Psychology 11th World Congress Sydney, Australia.
- Gould, D., Lauer, L., & Rolo, C. (2005, August 16). *Parenting my champion: Research-generated junior tennis parent education materials*. Presentation made at the International Society of Sport Psychology 11th World Congress, Sydney, Australia.
- Gould, D. (2005, October 19). *The role of the coach in helping parents play a positive role in tennis talent development*. Presentation made at the 14th International Tennis Federation Worldwide Coaches Workshop, Antalya, Turkey.
- Gould, D. (2005, October 28). *Lessons learned on a journey in performance excellence: A reaction*. Panel presentation/discussion made at the Association for the Advancement of Applied Sport Psychology Conference, Vancouver, British Columbia, Canada.
- Poczwardowski, A, Statler, T., Ravizza, K., Gould, D., Lauer, L., & Fifer, A. (2005, October 29). *Advancing sport psychology knowledge: Think tank as a learning strategy*. Presentation made at the Association for the Advancement of Applied Sport Psychology Conference, Vancouver, British Columbia, Canada.

- Gould, D. (2006, February 1). *Psychology and tennis*. Presentation made at the USTA/ACSM Team Physicians Preconference on Tennis Medicine and Science, Orlando, Florida.
- Gould, D. (2006, February 3). *Performance enhancement*. Presentation made at the ACSM Team Physicians Conference, Orlando, Florida.
- Gould, D. & Lauer, L. (2006, February 12). *Effectively motivating yourself and others*. Presentation made at the Michigan High School Athletic Association Women in Sports Leadership Conference, Lansing, MI.
- Gould, D. (2006, April 8). *The professionalization of youth sport: A threat to educational athletics*. Presentation made at the NAIA Convention, San Diego, CA.
- Gould, D. (2006, April 9). *Future directions in youth sports*. Presentation made at the NAIA Convention, San Diego, CA.
- Powell, J., & Gould, D. (2006, April 10). *Executing strategic community relations*. Presentation made at the National Football League business summit, Dallas, Texas.
- Gould, D. (2006, April 20). *An international perspective on children's involvement in youth sport*. Presentation made at the International Congress on Physical Activity and Public Health, Atlanta, Georgia.
- Gould, D. (2006, April 24). *The professionalization of youth sports and its special impact on girls*. Tucker Center for Research on Girls and Women in Sport Distinguished Lecture. University of Minnesota, Minneapolis, Minn.
- Gould, D. (2006, June 28). *Teaching life skills through sport*. Presentation made at the University of Southern Maine Sport Psychology Institute, Portland, Maine.
- Gould, D. (2006, July 10). *Executing strategic outreach programs*. All-day workshop conducted for the Houston Texans Professional Football Team Business Unit Staff, Houston, Texas.
- Gould, D. (2006, July 19). *Applied sport psychology today*. Invited presentation made at the 26th International Congress of Applied Psychology. Athens, Greece.

Applied Sport Psychology - Sport Science Presentations

Over 600 applied sport psychology, sport science clinic and motivation/personal development presentations have been made to coaches, athletes and other interested parties at local, state, regional, national and international meetings throughout the world. A listing of these presentations is contained in Vita Supplement A.

GRANT-FELLOWSHIP PROPOSALS AND NOMINATIONS

- Gould, D., & Weiss, M.R. (1979). *Modeling expectations and motor performance: A test of self efficacy theory*. Michigan State University, College of Education Research Grant. (Funded \$800.00).
- Gould, D. (1979). *Improving demonstrator effectiveness: An educational development program proposal*. Michigan State University, Learning and Evaluation Resources Instructional Grant. (Funded \$2100.00)
- Weinberg, R.S., & Gould, D. (1979). *Influence of modeling on attributions and motor performance*. North

Texas State University Faculty Research Grant. (Supported but not funded).

- Weinberg, R.S., & Gould, D. (1979). *Intrinsic motivation and gain-loss theory*. NIH Small Grant Proposal. (Not funded).
- Gould, D. (1979). *Examining demonstrator effectiveness*. Kellogg National Fellowship Proposal. (Not funded).
- Gould, D., Weiss, M.R., & Horn, T.S. (1980). *The influence of coping models on the state anxiety and motor performance of high and low trait anxious females*. Michigan State University, College of Education Research Grant. (Funded \$900.00).
- Gould, D. (1981). Michigan State University College of Education Nominee for Spencer Fellowship. (Not funded).
- Gould, D. (1983). *Antecedents of pre- and post-match state anxiety in competitive youth wrestlers*. Kansas State University Bureau of General Research Faculty Research Grant. (Funded \$700.00).
- Gould, D. (1985). *The relationship between mat type and wrestling injuries*. Submitted to the US Olympic Sport Equipment and Technology Committee on behalf of the USA Wrestling. (Not funded).
- Gould, D. (1985). *USA Wrestling US Olympic Committee Elite Athlete Project Proposal*. Submitted to the US Olympic Committee Sports Science Division on behalf of USA Wrestling. (Funded \$28,000.00).
- Gould, D. (1985-Spring). *Young wrestlers: Factors affecting state anxiety and the worry-performance relationship*. USA Wrestling Science and Medicine Grant. (Funded \$1,500.00).
- Gould, D. (1986). *National coaches certification program curriculum grant*. USA Wrestling Science and Medicine Grant. (Funded \$3,000.00).
- Gould, D. (1986). *USA Wrestling US Olympic Committee Elite Athlete Project proposal*. Submitted to the US Olympic Committee Sports Science Division on behalf of USA Wrestling. (Funded \$17,000.00).
- Gould, D. (1986). *Developing a USOC sport psychology communication network*. Submitted to the US Olympic Foundation on behalf of the USOC Sports Medicine Council. (Funded \$29,840.00-the University of Illinois received \$8,300.00 in contract services).
- Gould, D. (1986). *USA Wrestling US Olympic Committee scientific services proposal*. Submitted to the US Olympic Committee Sports Science Division on behalf of USA Wrestling. (Funded \$17,000.00).
- Gould, D. (1986). *Factors influencing coaches' abilities to estimate elite wrestlers' state and trait anxiety levels*. US Olympic Committee Scientific Research Grant Proposal. (Not funded).
- Gould, D. (1987). *Educational needs of elite US National Team, Pan American and Olympic Coaches*. Investigation conducted for the US Olympic Committee Special Committee on Coaches Education. (\$2000.00 contract).
- Gould, D. (1988). *Center for youth development through sport*. A Youth Crisis Kellogg Foundation Land-Grant Institutions Initiative "Inventory Format" Proposal. (Not funded).
- Gould, D. (1989). *USA Wrestling 1988 Olympic team mental preparation, strategies and skills assessment project proposal*. Submitted to USA Wrestling. (Funded \$2204.00)

- Gould, D. & Krane, V. (1989). *Factors influencing tennis coaches' abilities to predict anxiety levels in their athletes*. United States Tennis Association Research Grant Proposal. (Funded \$750.00).
- Gould, D. (1990). *Sources of stress experienced by National Champion figure skaters*. U.S. Olympic Committee Scientific Research Grant Proposal. (Funded \$9,850.00).
- Crews, D., & Gould, D. (1991). *Examining the effectiveness of the digital therapist in facilitating psychological skills training and golf putting performance*. Intervention trial proposal submitted to Digital Therapeutics, Inc., Evanston, Illinois. (\$3,000.00 funded).
- Gould, D. (1992). *Burnout in competitive junior tennis*. United States Tennis Association Research Grant Proposal. (\$16,500.00 funded).
- Gill, D., Gould, D., Crews, D., & Christina, R. *Development and enhancement of collective physical performance*. U.S. Army Research Institute for Behavioral and Social Sciences Office of Basic Research. (Not funded).
- Gill, D., Gould, D., Crews, D., & Christina, R. *Development of collective performance in sport teams*. NASPE Grant. (Not funded).
- Gould, D., Udry, E., Tuffey, S., Beck, L., Keller, L., Major, P., Roalstad, M., & Ross, T. (1993). *The psychology of ski racing injuries and injury recovery*. U.S. Olympic Committee Science and Technology Grant Proposal. (\$10,000.00 funded)
- Gould, D., Damarjian, N., & Medbery, R. (1996). *Helping coaches develop mental toughness skills in junior players*. U.S. Tennis Association Sport Science Research Grant. (\$14,944.00 funded)
- Gould, D. (1996). *Assessing positive and negative factors influencing U.S. Olympic athletes and coaches*. U.S. Olympic Sport Science & Technology Grant (\$39,050.70 funded).
- Gould, D. (1996) *What makes age group swimming fun?* US Swimming Grant (\$9,000 funded).
- Gould, D. (1996). *Assessing positive and negative factors influencing U.S. Olympic athletes and coaches: Year 2 Nagano assessment*. U.S. Olympic Sport Science & Technology Grant (\$24,262.00 funded).
- Gould, D., Damarjian, N., & Medbery, R. (1996). *Helping coaches develop mental toughness skills in junior players: Year 2*. U.S. Tennis Association Sport Science Research Grant. (\$15,535.00 funded)
- Gould, D., & Dieffenbach, K. (1999). *The development of psychological talent in U.S. Olympic medal winners*. U.S. Olympic Sport Science and Technology Research Grant. (\$22,188.27 funded)
- Gould, D. (2000). *National Football Foundation Youth and High School 'Coaching Accreditation' Curriculum Development project*. National Football Foundation Grant (\$35,000 funded)
- Gould, D. (2000). *National Football Foundation Youth and High School 'Coaching Accreditation' Curriculum Program Curriculum Development Project: Years 2-3*. National Football Foundation Grant (\$119,617 funded)
- Gould, D. (2001). *Examining strategies outstanding high school football coaches use to develop life skills and character in their players*. National Football League Charities (\$23,000 funded).
- Gould, D. (2001). *2000 Sydney Olympic Games: US athlete and coach performance lessons learned*

- assessment*. U.S. Olympic Sport Science and Technology Research Grant (\$33,556 funded)
- Gould, D., Lauer, L., Rolo, C., & Sie Pennisi, N. (2001). *Understanding the role parents play in tennis success*. USA Tennis Sport Science and Technology Research Grant (\$19,985 funded)
- Lauer, L., Gould, D., & L. Carson, S. (2002). *An emotional control program to reduce aggression in youth ice hockey*. U.S. A Hockey Foundation (\$3,060 funded)
- Gould, D., & Lauer, L. (2004). *The development of coach parent training materials*. USA Tennis High Performance Program Contract (\$4500 funded).
- Gould, D., & Hedstrom, R. (2004). *Research in youth sports white paper summaries of critical issues*. Citizenship Through Sport Alliance Contract (\$2500 funded)
- Conroy, D., Coatsworth, D., & Gould, D. (2004). *Planning a coach training intervention clinical trial* (1 R34 HD049448). NICHD (\$156,600 under review; \$56,740 MSU Subcontracted).
- Gould, D., Carson, S., Fifer, A., Stiller, J., & Blue, K. (2005). *The relationship between perceived coaching behaviors and developmental benefits of high school sports participation*. Michigan State University College of Education Seed Grants Program (\$4,000 funded).
- Gould, D., Benham, R., Lauer, L., Dirkx, J., Roberts, J., & Westdrop, K. (2006). *MHSAA-ISYS Online parent education program*. MSU Families and Communities Together Coalition, the MSU Educational Enrichments and Outreach Fund and University Outreach and Engagement Grant Program (\$40,000 funded).

SERVICE TO PROFESSIONAL ORGANIZATIONS

Editorial Services

- Co-editor: *The Sport Psychologist* (1986 - 1991).
- Editorial Board: *Journal of Applied Sport Psychology* (1998-date)
- Editorial Board: *Journal of Sport Sciences* (1998-date)
- Editorial Board: *Journal of Sport and Exercise Psychology* (1983 - 1987/1991-date).
- Editorial Board: *The Sport Psychologist* (1991-date).
- Sport Psychology Section Review Board: *Research Quarterly for Exercise and Sport* (1982 - 1987).
- Invited Reviewer: *Proceedings North American Society for the Psychology of Sport and Physical Activity* (1978, 1979).
- Invited Reviewer: *Journal of Sport and Exercise Psychology* (1979, 1980, 1981, 1982, 1990, 1991).
- Invited Reviewer: *Research Quarterly for Exercise and Sport* (1981, 1982, 1991, 1992).
- Invited Reviewer: *Journal of Motor Behavior* (1983, 1984).

Invited Reviewer: *Iowa State Journal of Research* (1983).

Abstract Compiler: Digest Section - *Journal of Sport Psychology* (1979, 1980, 1981, 1982).

Invited Reviewer: *Canadian Journal of Applied Sport Sciences* (1985 - 1986).

Invited Reviewer: *Physical Educator* (1986).

Invited Reviewer: *Quest* (1986, 1989).

Invited Reviewer: *Journal of Sport Behavior* (1986).

Invited Reviewer: *Medicine and Science in Sports and Exercise* (1986, 1988, 1992, 1993).

Grant Reviewer: *University of Illinois Research Board Proposal* (1987).

Invited Reviewer: *Canadian 1988 Winter Olympic Sport Science Conference Proceedings* (1987).

Invited Reviewer: *Behavior Therapy* (1990).

Invited Reviewer: *Pediatric Exercise Science* (1991, 1992).

Invited Reviewer: *Journal of Sport Sociology* (1992).

Invited Reviewer: *Journal of Sport Sciences* (1993-1998).

Invited Reviewer: *British Journal of Sport Sciences* (1994).

Corresponding Editor: *Journal of Sport Sciences* (1995-date).

Editorial Board: *Quest* (1995-1998)

Invited Reviewer: *Anxiety, Stress and Coping* (1995-date).

SERVICE TO PROFESSIONAL ORGANIZATIONS

Professional Organization Committees, Positions, Office and Contributions

- 1978-1979: Research Chairperson for the 1979 Michigan AHPER Convention. Responsibilities included organizing the program for the research sections of the conference.
- 1979-1981: North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Ethics and Standards for Psychological Testing Within Sport Committee Member. Helped develop and write a report which was presented to the membership.
- 1980-1981: Member American Association for Health, Physical Education, Recreation, and Dance Subcommittee for the Development of Undergraduate Sport Psychology Competencies. Responsible for developing competencies in the area of motivation.
- 1980-1981: Midwest Coordinator for NASPE Survey of Sport Psychology Interests of Coaches. Responsible for randomly selecting H.S. and college coaches by sex, sport and state, as well as mailing 160 questionnaires.

- 1981: NASPSPA Sport Psychology Section Conference Planning Committee member. Reviewed abstracts submitted to conference.
- 1982: Chair - NASPSPA Conference Sport Psychology Section Planning Committee. Involved in selecting committee members, organizing the 1982 conference sections on sport psychology and obtaining keynote speakers.
- 1982-1986: Chair, U.S.A. Wrestling Sports Medicine and Science Committee. This committee was responsible for making all policy and decisions regarding wrestling science and medicine education, research and service for USA Wrestling, the national governing body of amateur wrestling in the United States. I spent considerable time developing their coaching education program (e.g., helping identify clinic speakers, writing articles on coaching education), was heavily involved in organizing research efforts, and developed consulting mechanisms for National teams.
- 1982-1992: Member, U.S.A. Wrestling Sports Medicine and Science Committee. Duties explained above.
- 1983-1984: Chair, American Association for Health, Physical Education, Recreation, and Dance Committee on Research for the Practitioner. Responsible for compiling articles for the JOPERD.
- 1983-1986: Member, American Association for Health, Physical Education, Recreation, and Dance Research Consortium Cooperative Funding Program. Reviewed research grants for possible funding.
- 1984: Member Olympic Scientific Congress Child in Competitive Sport Section Planning Committee. Involved in reviewing papers, reviewing submitted symposium, selecting keynote speakers and scheduling sessions.
- 1984-1985: Chair, NASPSPA Ad Hoc Committee on Conference Exhibits. Submitted a report with Julie Simon.
- 1985-date: Member National Association for Physical Education (American Association for Health, Physical Education, Recreation, and Dance). Youth Sports Coalition. Involved in preparing guidelines, recommending policies, and organizing symposiums on the child in sport.
- 1985-1996: Member US Olympic Coaching Development Committee. Involved in making recommendations to the USOC on their future involvement in coaching education and development. Helped organize national conferences on the topic.
- 1985-1987: Member of the American Academy of Pediatrics Committee on Sports Medicine. I was involved in reviewing various documents and policy statements.
- 1985-1986: Reviewer of American Association for Health, Physical Education, Recreation, and Dance Conference Research abstracts.
- 1985-1992: Member, Association for the Advancement of Applied Sport Psychology Intervention and Performance Enhancement Planning Committee. Assisted in reviewing conference papers and in preparing policy on credentialing sport psychologists.
- 1986-1988: Chair, American Association for Health, Physical Education, Recreation, and Dance Sport Psychology Academy. Edited newsletter and coordinated outstanding dissertation award and planned conference program.
- 1988: Attended US Olympic Committee Career Assistance Program for Athletes Planning Meeting. Assisted in the design of workshops to assist Olympic athletes' retirement from competition and

future career placement.

- 1988-1989: President-Elect, Association for the Advancement of Applied Sport Psychology. Attended board meeting where policy decisions were made and conference planned. Also, chaired subcommittee which reviewed fellow applications.
- 1989-1990: President, Association for the Advancement of Applied Sport Psychology. Attended, set agenda for and ran board meetings where policy decisions were made and conference planned. Oversaw certification and continuing education committees.
- 1990-1992: Member, Professional Skaters Guild of America Sports Medicine Committee.
- 1991: Participated in National Collegiate Athletic Program Youth Education through Sport Transitional Skills Development program planning meeting.
- 1991: Attended U.S. Olympic Committee Career Assistance Program for Athletes Planning Meeting. Assisted in the revising workshops and materials to assist Olympic athletes retirement from competition and future career placement.
- 1992-1993: Co-chair of the Association for the Advancement of Applied Sport Psychology Ethics Committee. Responsible for developing and disseminating ethical standards to guide the professional practice of sport psychologists.
- 1996-date: Member, US Skiing Sport Psychology Program Committee. Meet twice a year and help set policy and provide recommendations regarding the development and implementation of US Skiing athlete and coach mental skills consulting and education efforts.
- 1997-2000: Member, US Olympic Athlete Performance Group Committee. Meets six times annually to discuss ways to develop programs and policies relative to helping U.S. Olympic athletes perform successfully in the Olympic Games. Issues discussed include athlete development, talent identification, and program funding priorities.
- 1997-2000: Co-chair, US Olympic Science and Technology Committee. Meets twice annually to set policy and offer advice to US Olympic Sport Science and Technology Division. Functions include reviewing and awarding science and technology grants (\$300,000 annually), designing workshops on science and technology topics, and recommending policy changes.

TEACHING HISTORY

Michigan State University (Quarter System)*

- HPR 106: *Physical Conditioning* (1 hr.)
- HPR 261: *Psychomotor basis of Physical Activities* (3 hrs) - Undergraduate majors course which combined motor learning and sport psychology.
- HPR 480: *Principles of Coaching* (3 hrs.) - Undergraduate course taught for coaching minors which included information on growth and development, sport psychology, sport sociology, motor learning, coaching philosophy and coaching organization.
- HPR 830: *Motor Skill Learning* (3 hrs.) - Graduate course in motor learning with an emphasis on information processing.

- HPR 835: *The Application of Psychology to Physical Education and Athletics - I.* Graduate courses which focused on how psychological and social psychological factors influence athletic and motor behavior.
- HPR 836: *The Application of Psychology to Physical Education and Athletics - II.* Graduate course which focused on how participation in sport and related activities influence social psychological variables.
- KIN 840 *Psychosocial Aspects of Physical Activity.* Graduate course that overviews the field of sport and exercise psychology. Emphasis is placed on the topics of arousal-activation, anxiety, confidence, achievement motivation, perceived competence, personality, aggression and moral development.
- HPR 882: *Psychology of Coaching* - Graduate course designed to convey psychological aspects of coaching.

Kansas State University (Semester System)*

- PE 155: *Wrestling Skills* (1 hr.)
- PE 204: *Psychological Foundations of Coaching* (2 hrs.) - Coaching minors course which focused on sport psychology and motor learning.
- PE 298: *Coaching and Officiating of Wrestling* (2 hrs.) - Undergraduate majors course which focused on rules, officiating and methods of coaching wrestling.
- PE 340: *Social and Psychological Dimensions of Physical Activities* (3 hrs.) - Undergraduate majors course which focused on the social and psychological aspects of sport and motor behavior.
- PE 805: *Sport and Human Behavior* (3 hrs.) - Graduate course in sport psychology.
- PE 830: *The Child in Sport* (3 hrs.) - Graduate course which examined the child in sport from the disciplines of psychology, sociology, motor learning-control and exercise physiology.
- PE 896: *Special Topics - Current Issues and Future Directions in Physical Education* (3 hrs.) - Graduate course which focused on the nature of graduate study, disciplinary and professional issues, the sport sciences, the philosophy of science, grantspersonship-funding, and public relations-promotion.

University of Illinois (Semester System)*

- KINES 394D: *Applied Sport and Exercise Psychology: Research to Practice* (4 hrs/1 unit) - Graduate course which focused on disseminating sport psychology research and psychological skills training knowledge.
- KINES 247: *Introduction to Sport Psychology* (3 hrs.) - Undergraduate majors and nonmajors course which focused on surveying sport psychology.
- KINES 394D: *The Child in Sport* (1 unit) - Graduate course which examined the child in sport from the disciplines of psychology, sociology, motor development and exercise physiology.
- KINES 447: *Advanced Sport Psychology* (1 unit) - Graduate course which examined disciplinary and professional aspects of sport psychology. Particular emphasis was placed on the philosophy of science as it related to sport psychology and the theoretical and empirical research conducted on selected sport psychological skill training topics.

University of North Carolina at Greensboro (Semester System)

- ESS 388: *Psychology of Sport and Exercise* (3 hrs.) - Undergraduate course which examines psychological theories and research related to sport and exercise psychology.
- ESS 477: *Coaching Practicum* (3 hrs.) - Undergraduate course which involves the supervision of student's participating in scholastic coaching. Instructor conducts American Coaching Effectiveness Program Leader Level Sport Science course before students begin coaching.
- ESS 531: *Issues in Competitive Sport for Children and Youth* (3 hrs.) - Upper level undergraduate/beginning graduate course which examined factors prompting children and youth entry into sport and the consequences of that participation from an interdisciplinary perspective. Particular attention is placed on the adult leaders' roles and responsibilities in youth sports.
- ESS 644: *Psychological Aspects of Sport* (3 hrs.) - Graduate course which provides an overview of theories and research in sport psychology. Emphasis placed on individual differences, motivation and social influence processes related to sport and exercise behavior.
- ESS 700: *Advances in Youth Sports Research* (3 hrs.) - Graduate course which examines advances made in youth sport social science research.
- ESS 744: *Research and Practice in Applied Sport Psychology* (3 hrs.) - Upper level graduate course which examines current research and practice in applied sport psychology. Particular emphases placed on sport specific individual differences, motivational approaches and interventions.
- ESS 746: *Practicum in Applied Sport Psychology* (4 hrs.) - Doctoral level course where students receive instruction in designing, implementing and evaluation psychological skills training programs for athletes. Particular emphases is placed on supervising students who are doing sport psychology internships with athletic teams.
- GSR 711 *Academic and professional communication* (3 hrs.) Graduate course for students from many disciplines across campus. Course is aimed at enhancing oral, written, and visual communication techniques used to effectively communicate scholarly and professional knowledge to various audiences.

Michigan State University (Semester System)

- KIN 840: *Psychosocial Aspects of Physical Activity* (3 hrs.) - Graduate course which examines psychological theories and research related to psychosocial aspects of sport and physical activity.

*Listed as Excellent Instructor on student evaluations. Evaluation for all courses taught available upon request.

GRADUATE STUDENT DISSERTATION - THESES ADVISEMENT**Ph.D. Advisor - Dissertation Director**

Michigan State University -

Maureen Weiss (Ph.D., 1981)
Thelma Horn (Ph.D., 1982)

University of Illinois -

Linda Petlichkoff (Ph.D., January 1988)
Ken Hodge (Ph.D., January 1988)
Jeff Simons (Ph.D., October 1988)
Anthony Byrne (Ph.D., January 1990)

University of North Carolina Greensboro	John Giannini (Ph.D., December 1991) Vikki Krane (Ph.D., August 1990) Robert Eklund (Ph.D., August 1991) Susan Jackson (Ph.D., Fall 1992) Laura Finch (Ph.D., Spring 1993) Suzanne Tuffey (Ph.D., August 1995) Eileen Udry (Ph.D., August 1995) Nichole Damarjian (Ph.D., May 1997) Capri Foy (Ph.D., May 1999) Russell Medbery (Ph.D., August 2000) Christy Greenleaf (Ph.D., August 2000) Yongchul Chung (PhD, May 2003) Kristen Dieffenbach (PhD, May 2003) Cristina Rolo (PhD, May 2004) Marcus Taylor (PhD, May 2005) Larry Lauer (PhD, May 2005)
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Masters Thesis Director*

Michigan State University	Linda Petlichkoff (MS, 1982) Elizabeth Wright (MS, 2005)
University of Illinois	Kirsten Peterson (MS, 1987) Thomas Hanson (MS, 1987) Susan Porter (MS, 1988)
University of North Carolina at Greensboro	Bonnie Tjeerdsma (MS, 1989) Anne Ferris (MS, 1989) Kim Berno (MS, 1990) Suzanne Tuffey (MS, 1991) Nick Francis (MS, 1992) Sandra Stroope (MS, 1992) Marc Lochbaum (MS, 1993) Nancy Benzel (MS, 1994) Christopher Smethurst (MS, 1994) Kara Brown (MS, 1995) Dana Bridges (MS, 1997) Betsy Smith (MS, 1998) Jennifer Kilgore (MS, 1998) Marc Strickland (MS, 1998) Larry Lauer (MS, 1999) Aaron Moffett (MS, 2001) Marc Taylor (MS, 2001) Nori Sie Pennisi (MS, 2002) Amy Nakamoto (MS, 2002) Lyn Pantusco (MS, 2002) Sarah Carson (MS, 2003) Caroline Jannes (MS, 2004)

*Listing does not include masters degree students advised in non-thesis or project-in-lieu of thesis options.

MEDIA APPEARANCES - INTERVIEWS

Radio - Television Appearances

- 1979 (April 9, 8:00-9:00 pm) - Invited Panelist, "Winning Isn't Everything", WRAR Television Dialog Program, East Lansing, MI.
- 1979 (July 17) - Interview, "Youth Sports", KERA Radio, Dallas, TX.
- 1980 (October 7) - Invited Guest, "Competitive Sports for Children", KDLH - Television Town and Country Program, Duluth, MN.
- 1981 (April 11) - Invited Guest, "Psychological Effects of Athletic Competition on Children", WILX Television Closer Look Program, Lansing, MI.
- 1981 (June 6) - Interview, "Baseball Psychology", WJIM Television Sports, Lansing, MI.
- 1982 (March 25) - Interview, "Stress and Athletic Performance", KSO Radio, Des Moines, IA.
- 1982 (March 25) - Interview, "Psychological Skills Training", WOI Television, Ames, IA.
- 1983 (April 22) - Interview, "Psychological Effects of Athletic Competition on Children", KAR Television, Little Rock, AK.
- 1983 (April 22) - Interview, "Sport Psychology", KAR Television, Little Rock, AK.
- 1983 (May 12) - Invited Guest, "The KSU Office of Youth Sports", Channel 6 Cable Television Sports Talk Program, Manhattan, KS.
- 1983 (May 18) - Invited Guest, "Sport Psychology", Channel 6 Cable Television Sports Talk Program, Manhattan, KS.
- 1983 (November 15) - Invited Guest, "Coping With Competitive Stress", Nickelodeon National Cable Television Livewire Program, New York, NY.
- 1984 (October 18) - Invited Guest, Taped series of interviews, "Psychological Skills for Athletes and Coaches", WGUS Public Television Sportsweek Program, Allendale, MI.
- 1986 (April 2) - Invited Guest, "Stress and Children's Sports", Ask Dr. Blaker - Psychology Talk Show, WOR Talk Radio, New York, NY.
- 1986 (June 26) - Invited Guest, "Competitive Sports and Its Effects on Children", WILL Illinois Press Television Program, Urbana, IL.
- 1986 (October) - Taped Presentation, "Sport Psychology", American Coaching Effectiveness Program Level I Videotape, Champaign, IL.
- 1986-87 (Fall-Winter) - Invited Guest, "Psychological Skills Training for Athletes", "Dealing with Pain and Discomfort", "Mental Preparation for Athletes", "Centering Skills for Athletes", "Associative-Dissociative Running Strategies", "Positive Approaches to Mistakes" and "Keeping Competition in Perspective", seven taped segments for Sportsweek Show, WGVC/WGVK, Grand Rapids-Kalamazoo, MI.

- 1987 (April 10) - Invited Guest, "Sport Psychology One Hour Talk Show Program", WILL Information Radio, Champaign, IL.
- 1988 (February 25) - Invited Guest, "Sport Psychology and the Olympics", Voice of America, Washington, D.C.
- 1988 (April 28) - Invited Guest, "Coping with Performance Slumps", 1490 WDAN Radio, Danville, IL.
- 1989 (November) - Taped Presentation, "Sport Psychology", American Coaching Effectiveness Program Level I Videotapes (Edition Two), Champaign, IL.
- 1990 (February) - Invited Guest, "Children in Competitive Sport", WABC Radio, Sydney, Australia.
- 1990 (August 17) - Taped Interview, "Sport Psychology", 3ZB National Radio, Christchurch, New Zealand.
- 1990 (December 7) - Interview, "Intensive Youth Sport Training", WNMD CBS Television, Peoria, IL.
- 1991 (November 17) - Interview, "Sports Psychology", 32B Radio, Melbourne, Australia.
- 1992 (December 9) - Interview, "Sports Psychology", WLXN - 1440 AM Radio Talk Show, Lexington, NC.
- 1993 (July 31) - Interview, "Sport Psychology", WDNC Sport Saturday Radio Talk Show, Raleigh, NC.
- 1993 (October 6) - Interview, "Burnout and Motivation in Athletes", WFMY Television, Greensboro, NC.
- 1993 (November 6) - Interview, "Sport Psychology", BBC Radio Documentary on Sport Psychology, Manchester, England.
- 1993 (December 13) - Interview, "Stress and the Young Athlete", Ed Berliner's Press Box, Sportsline National Radio Network, Miami, FL.
- 1994 (January 14) - Interview, "Athletic competition going too far?" Quinn Klienfelder Show, Wisconsin / National Public Radio, Madison, WI.
- 1994 (February 4) - Interview, "Sport psychology and Olympic athlete preparation", WFMY Television Good Morning Show, Greensboro, NC.
- 1994 (February 14) - Interview, "Psychology of winning", Jan Pool Show, WLAC Radio, Nashville, TN.
- 1994 (February 15) - Interview, "Psychology of Olympic excellence", WCBS Radio, San Francisco, CA.
- 1994 (February 18) - Interview, "Is Winning Going Too Far", WJR Radio, Detroit, MI.
- 1994 (February 19) - Interview, "Choking", Newsweek On The Air Syndicated Radio, WA, D.C.
- 1994 (March 21, 22, 23) -Interviews, "Starting Your Child Out Right In Sport", WFMY Television Good Morning Show, Greensboro, NC.
- 1994 (June 21) - Interview, "Football Players And Violent Life Styles", WFMY CBS News, Greensboro,

NC.

- 1994 (September 2) - Interview, "Effectively coaching young athletes", Prime Television, Woolongong, Australia.
- 1994 (September 2) - Interview, "Intensive training and young athletes", Australian Broadcasting Company Radio, Woolongong Australia.
- 1994 (September 7) - Interview, "Stress and young athletes", 2BL Radio, Sydney, Australia.
- 1994 (September 21) - Interview, "Sport psychology", 6NB Radio, Perth, Australia.
- 1994 (September 27) - Interview, "Sport psychology today", ABC Radio, Toowomba, Queensland, Australia.
- 1995 (February 22) - Interview, "Stress and high school athletes", WGHP ABC Television News, High Point, NC.
- 1995 (April) - Interview, "Kids in sport: Beneficial or detrimental?", WGHP ABC Television News, High Point, NC.
- 1995 (May 1) - Interview, "Kids in sport: Motivation", WGHP ABC Television News, High Point, NC.
- 1995 (May 2) - Interview, "Kids in sport: Stress and burnout", WGHP ABC Television News, High Point, NC.
- 1996 (January 19) - Interview, "Sport Psychology", WBTW13 CBS Television News, Florence, South Carolina.
- 1996 (January 19) - Interview, "The psychology of athletic greatness", WABC15 ABC Television News, Florence, SC.
- 1996 (January 26) - Interview, "Women in sports" WGHP Fox Television News, High Point, NC
- 1996 (July 17) - Interview, Psychology and the Olympics, WFMY CBS Television News, Greensboro, NC
- 1996 (July 22) - Interview, Psychology of Olympic competition, Good Morning Show, WFMY CBS Television, Greensboro, NC.
- 1996 (July 24) - Interview, The desirability of elite athletic involvement for children", WCBS Radio, San Francisco, CA.
- 1996 (August 24) - Interview, "Sport psychology", Frank Murock Sports Talk, WDNC, Durham, NC.
- 1996 (August) - Taped presentation, "Sport psychology", American Sport Education Coaching Effectiveness Program Level I Videotapes (Edition Three), Champaign, IL.
- 1997 (June 11) – Guest, "Sport psychology and children in sport. The Ticket: Sports talk program, 1320 AM Radio, Greensboro, NC.
- 1997 (August 1) – Guest, "Helping athletes achieve peak performance" RCTI Rajawali Citra Television, Jakarta, Indonesia.

- 1998 (November 26) - Interview, "Clinical disorders in body builders", WFMY CBS News, Greensboro, NC.
- 1998 (January 29) – Interview, “Psychological preparation of Nagano Olympic athletes”, WSJS AM 600 News Radio, Winston-Salem, NC.
- 1998 (September 12) - Interview, "Stress associated with achieving athletic records.”, WFMY CBS Television News, Greensboro, NC.
- 1998 (January 29) – Interview, “Sport psychology and the U.S. Freestyle ski team”, WFMY CBS Television Good Morning Show, Greensboro, NC.
- 1998 (February 11) – Interview, “UNCG Sport psychologist works with U.S. Ski Team”, WFMY CBS Television News, Greensboro, NC.
- 1998 (February 19) – Interview, “Sport psychology and the Olympics”, WARL CBS Television News, Raleigh, NC.
- 1998 (February 20) – Interview, “The Winter Olympics in Nagano”, WLYT-FM 102.9 Light Radio, Charlotte, NC.
- 1998 (February 22) – Interview, “Sport psychology and the U.S. Freestyle Ski Team, WFMY CBS Television News, Greensboro, NC.
- 1998 (February 23) – Interview, “The Olympic experience”, WFMY CBS Television Good Morning Show, Greensboro, NC.
- 1998 (February 20) – Interview, “The Winter Olympics in Nagano”, WLYT-FM 102.9 Light Radio, Charlotte, NC.
- 1998 (November 23) - Interview, "Aggression in sport" WGHP Fox 8 Television News, High Point, NC.
- 1999 (September 13) – Interview, “Youth sports attrition” WGN Radio Talk News, Chicago, IL.
- 2000 (May 24) – Interview, “Issues in sport psychology” TV 4 News, Halmstad, Sweden.
- 2000 (June 20) – Interview, “Victory violence” WGHP Fox 8 Television News, High Point, NC.
- 2000 (August 4) - Interview, “The psychology of winning ”, Joe Palca Science Friday-Talk of the Nation, National Public Radio, New York, NY.
- 2000 (November 4). Interview, “Youth sports: Is just a game!”, WGHP Fox 8 Television News, High Point, NC.
- 2001 (June 1) - Interview, “The psychology of Olympic excellence ”, ET 3 National Television, Athens, Greece.
- 2001 (November 8 – Interview, “Psychology of football”, BBC Television, Liverpool, England.
- 2002 (February 8) – Interview, “Sport psychology and the Olympics: Performing under pressure”, Ira Flatow Science Friday-Talk of the Nation, National Public Radio, New York, NY.

- 2005 (March 20)—Interview, “Positive youth development through sport”, CNN, New York.
- 2005 (April 29). Interview, “Stress in young athletes!”, WLNS CBS 6 Television News, Lansing, MI.
- 2005 (November 16). Interview, “The professionalization of youth sports,” WKAR Radio, East Lansing, MI.
- 2005 (December 31). Interview, “Sports specialization,” WGFA 94.1 FM Radio, Watseka, II.
- 2006 (January 26). Interview with Ann Emerick, “Parents not making the grade,” WLNS CBS TV 6, Lansing, Michigan.
- 2006 (April 28). Interview, “The professionalization of girls sports,” CBS Radio, Minneapolis, Minn.
- 2006 (May 15). Interview, “Parents of junior athletes can have a negative impact on their child’s development. WTOP 103.5 FM Radio, Washington, DC.
- 2006 (May 15). Interview, “Impact of parents on kids sports development.” BBC Radio, London, England.
- 2006 (May 15). Interview, “Are parents pushing their children.” BBC Radio, London, England.
- 2006 (June 15). Interview, “ISYS holds national coaching education conference.” WKAR Radio, East Lansing, MI.

Newspaper-Magazine Interviews

- 1979 (May 11) - Interview Article, "Sports psychology advances into coaching forefront", *Duluth News-Tribune*, Duluth, MN.
- 1979 (July) - Interview Article, "Profs want fewer eight-year-old sports drop-outs", *Fort Worth Star-Telegram*, Fort Worth, TX.
- 1982 (March 26) - Interview Article, "Stress training Boyle solution", *Des Moines Tribune*, Des Moines, IA.
- 1982 (July 18) - Interview Article, "Sports medicine researcher visits Stillwater", *Stillwater News Press*, Stillwater, OK.
- 1982 (October 10) - Interview Article, "New definition of winning important to athletic success", *Argus Leader*, Sioux Falls, SD.
- 1983 (June 14) - Interview Article, "New programs helping coaches better handle today's youth", *Manhattan Mercury*, Manhattan, KS.
- 1983 (July 11) - Interview Article, "Who loses when kids must win?", (one of a number of sport psychologists interviewed) *USA Today*.

- 1984 (August 29) - Interview Article, "Mental preparation vital part of athletes' training", *Gloucester Daily Times*, Gloucester, MA.
- 1985 (November 12) - Interview Article, "You shouldn't run yourself into a rut" (one of a number of sport scientists interviewed), *USA Today*.
- 1986 (January 16) - Interview Article, cover story - "Sports can be kids stuff if done right", *USA Today*.
- 1986 (June 19) - Interview Article, "Gould: Majority of athletes can handle stress", *Morning Sun*, Pittsburgh, KS.
- 1987 (April 12) - Interview Article, "Mind Games", *The Journal*, Lorain, OH.
- 1987 (April 13) - Interview Article, "Winning at all costs can make you pay", *The Journal*, Lorain, OH.
- 1987 (July) - Interview Article, "Klutz Busters", *Parenting*, 1(6), 112, 114.
- 1988 (March 22) - "Pressures to win: Too much for some children", *The Pantagraph*, Bloomington-Normal, IL.
- 1988 (Summer) - Interview Article, Tevlin, J. "The Minor Leagues: Must kids join organized sports of one kind or another? How can parents help them feel like winners?", *Freedom Magazine*, 3(4), 16-17.
- 1988 (June 8) - Interview Article, "Tomboy" obsolete: Girls get into game", *USA Today*.
- 1988 (Summer) - Interview Article, "The Minor Leagues: Helping your child feel like a winner in youth sports", *Freedom*, 3(4), 16-17.
- 1989 (March 12) - Interview Article, "Lillian M. Wellner Scholar will lecture at university", *Cumberland Times News*, Cumberland, MD.
- 1989 (Spring) - Interview Article, "Sport psychology for young athletes", *Frostburg State University Profile*, 2(2), 5.
- 1989 (September 11) - Interview Article, "Sport psychology becoming the locker room's latest rage", *The New York Times*, 11.
- 1989 (September 25) - Interview Article, "Psyched up for the game", *The News and Observer*, Raleigh, ND, 1 & 2D.
- 1990 (February 8) - Article, "Children in sports expert will lecture", *St. George and Southerland State Leader*, 85, St. George, New South Wales, Australia.
- 1990 (May) - Interview Article, "Picture perfect training: Here's how your imagination can help you become a better athlete", *Game Player's Sports for Kids*, 1(4), 68-72.
- 1990 (May) - Interview Article, "The littlest dropouts", *American Health: Fitness of Body and Mind*, IX(4), 78, 80-81.
- 1990 (July) - Interview Article, "Feeling great: Zoning out on sports", *M Magazine*, VII(10), 36, 38.
- 1990 (August 19) - Interview Article, "Psyched athletes out there to win", *Star Sunday*, Christchurch, New

Zealand.

- 1991 (February) - Interview Article, "Shaping up the psyche", *Health*, 32-33, 102.
- 1991 (March) - Interview Article, "Don't overdo it", *Elle*, 248-251.
- 1991 (October 3) - Interview Article, "Minding your child's play", *USA Today*, 12C.
- 1992 (May 15) - Interview Article, "Fit for a kid", *Greensboro News and Record*, D2, D3.
- 1992 (July) - Interview Article, "The torch of technology", *Omni*, 14(10), 42-46, 76.
- 1992 (August 3) - Interview Article, "The mental edge", *US News & World Report*, 113(5), 50-56.
- 1992 (December) - Interview Article, Madden, S, "Comeback kids", United Airlines Hemispheres, 48-49.
- 1992 (December) - Interview Article, Cohen, A., "Standard time", *Athletic Business*, 16(12), 23-28.
- 1993 (January) - News Report, "North Carolinian Named To Top 10 List of Sport Participants", *The State: Down Home in North Carolina*, 60(8), 3.
- 1993 (February 28) - Interview Article, O'Connor, A.M., "Yo, couch potato! Remember your shape-up vows", *Chicago Tribune*, Section 6, 5.
- 1993 (June) - Interview Article, McGowan, S., "That winning feeling: Helping athletes perform at their best", *American Counseling Association Guidepost*, 35(13), 1, 7.
- 1993 (May) - Interview Article, "Use proper arousal techniques for peak performance", *The Physical Education Journal of Sports Medicine*, 2(5), 7.
- 1994 (February 16) - Interview Article, "The inner game of winning", *US News & World Report*, 116(6), 47-51.
- 1994 (February 17) - Interview Article, Kutner, L. "Sports are sending a potent and troubling message about winning at any cost", *The New York Times*, B4.
- 1994 (February 26) - Interview Article, Kelly, P. "Professor helped Olympic skiers 'psych up' to win U.S. medals", *The Charlotte Observer*, 1C/18C.
- 1994 (April 11) - Interview Article, Harper, M. "Message to parents: let kids enjoy sports", *Greensboro News & Record*, C5.
- 1994 (April 15) - Interview Article, Roseland, D. "Teaching athletes visualization skills", *The Coaches' Coach*, 8(1), 4.
- 1994 (November 3) - Interview Article, Kingery, J. "Athletes' belief in superstitions: Good, bad or ugly?", *The Grinnell Herald Register*, 13.
- 1994 (November 7) - Interview Article, Kingery, J. "Belief in superstition: Can athletes take it too far?", *The Grinnell Herald Register*, 8.
- 1995 (February 11) - Interview Article, Steadman, T. "Mind and body: Players can excel with solid focus", *Greensboro News & Record*, C1-2.

- 1995 (March 6) - Interview Article, Johnson, M. "Raising a child athlete", *Greensboro News & Record*, D2, 1-2.
- 1995 (March 27) - Interview Article, Harper, M. "Youth baseball brings choices, chances for all", *Greensboro News & Record*, C8.
- 1995 (May) - Interview Article, Thomas, T. "Psyching up for performance", *Women's Sports and Fitness*, pp. 27-28.
- 1995 (August 6) - Interview Article, "Primero, la diversion; leugo, la competencia", *El Tempo*, 6D, Bogota, Columbia.
- 1995 (September 21) - Interview Article, Steadman, T., "Fanning the flames", *Greensboro News and Record*, D1, D3.
- 1996 (February 18) - Interview Article, "Sport psychologist Gould to speak in Francis Marion Series", *Florence Morning News*, D3.
- 1996 (March 10) - Interview Article, Saxon, L.N., "Trash talk: An on-court reflection of culture, or poor sportsmanship?", *The Press - Enterprise* (Riverside, CA), C1, C12.
- 1996 (May) - Interview Article, "Tube lessons: What kids learn from watching sports on TV", *Sports Illustrated for Kids and Parents*, 9.
- 1996 (July) - Interview Article, Seppa, N., "Keeping young athletic fires burning", *American Psychological Association Monitor*, 32.
- 1996 (July 10) - Interview Article, Austin, C., "Desire: Dream blinds some", *Greensboro News and Record*, C1, C6.
- 1996 (Sept. 24) - Interview Article, Honrahan, B., "Jitters ? No sweat!", *Chicago Tribune*, S1.
- 1997 (Feb. 13) - Interview Article, Morgan, J., "Foul play: Making sure kids get the right message when sports heroes act out of line on TV.", *Chicago Tribune*, S3.
- 1997 (August 1) – Interview Article. "Sport psychology", *KOMPAS* Newspaper, Jakarta, Indonesia.
- 1997 (January 7) – Article, Gould in Greece. *Greensboro News & Record*, 10.
- 1998 (February 2) – Interview Article. "UNCG psychologist to lend ear at Olympics", *Greensboro News & Record*, B1-2.
- 1998 (February 4) – Interview Article. "The hot seat", *Triad Style*, 8.
- 1998 (February 18) – Interview Article. "Dr. Gould advises U.S. Olympic skiers in Nagano", *UNCG Campus Weekly*, 2.
- 1998 (February 20, 1998) – Interview Article. "Practicing Olympic psychology", *The Raleigh News and Observer*.

- 1998 (March 2, 1998) - Interview Article. Schwarzen, C. "Professor helps give Olympians mental edge", *Highpoint Enterprise*, 1B, 3B.
- 1998 (March 7, 1998) - Interview Article. Feller, B. "Lighting the fire", *Greensboro News & Observer*, A1, A6.
- 1998 (February 17, 1998) - Interview Article. Mesibov, T. "Aerial psychology: UNCG Professor helps U.S. skiers fly high at Olympics", *Times News*, B1, B6.
- 1999 (August 10, 1999) - Interview Article. Greager, E. "Why young athletes throw in the towel", *Detroit Free Press*.
- 2000 (February 4, 2000) – Interview Article Schmuck, P. "Violence: Entangled in entourages, Ray Lewis and other young starts find running with the crowd takes them in dangerous directions." *Baltimore Sun*.
- 2001 (February 8, 2000) – Gould, D., "Ask the Expert Column: What should I say when my child fails", *Greensboro News & Record*, C6.
- 2000 (March 7, 2000) – Gould, D., "Ask the Expert Column: What should I look for in a youth sport coach", *Greensboro News & Record*, C17.
- 2000 (April 4, 2000) – Gould, D., "Ask the Expert Column: What should my role be in my child's sport experience", *Greensboro News & Record*, C5.
- 2000 (May 2, 2000) – Gould, D., "Ask the Expert Column: Should I make my child play sports?", *Greensboro News & Record*, C2.
- 2000 (June 6, 2000) – Gould, D., "Ask the Expert Column: Should I coach my child ?", *Greensboro News & Record*, C5.
- 2000 (July 2, 2000) – Interview Article Dinich, H.A. "Pushy parents take fund out of game." *Washington Post*, D13.
- 2000 (July 4, 2000) – Gould, D., "Ask the Expert Column: How can I be sure my child is learning the right values through sports ?", *Greensboro News & Record*, C7.
- 2000 (July 7, 2000) – Interview Article Snider, M. "How anxiety throws athletes a curve: Mental "film" (imagery) can help anyone who chokes under pressure." *USA Today*, 8D.
- 2000 (August 1, 2000) – Gould, D., "Ask the Expert Column: Will my children be placed under too much stress in sport?", *Greensboro News & Record*, C3.
- 2000 (September 5, 2000) – Gould, D., "Ask the Expert Column: What does it take to compete at the Olympics? Does my child have a chance to make the U.S. Olympic team? ", *Greensboro News & Record*, C2.
- 2000 (October 3, 2000) – Gould, D., "Ask the Expert Column: How do star athletes perform so well in pressure-packed environments? ", *Greensboro News & Record*, C3.
- 2000 (November 7, 2000) – Gould, D., "Ask the Expert Column: Is my daughter at risk of burning out of volleyball if she gets too involved? ", *Greensboro News & Record*, C4.
- 2000 (December 5, 2000) – Gould, D., "Ask the Expert Column: Will my son's confidence improve from

- soccer participation? “, *Greensboro News & Record*, C4.
- 2001 (January 2, 2001) – Gould, D., “Ask the Expert Column: What can I do to better achieve my exercise, health and sport goals? “, *Greensboro News & Record*, C5.
- 2001 (February 6, 2001) – Gould, D., “Ask the Expert Column: When the game is on the line, how can I avoid choking,” *Greensboro News & Record*, C6.
- 2001 (March 6, 2001) – Gould, D., “Ask the Expert Column: How can mental training help my golf game?,” *Greensboro News & Record*, C4.
- 2001 (April 3, 2001) – Gould, D., “Ask the Expert Column: Does mental training have the same effect for children and adults?,” *Greensboro News & Record*, C4.
- 2001 (April) – Interview Article Walsh, S. K. “Disorder on the court, *Tennis Magazine*, 36-49.
- 2001 (May, 2001) - – Interview Article McMamee, M. “What ever happened to sideline sportsmanship?” *Child*, 90-96.
- 2001 (May 1) – Gould, D., “Ask the Expert Column: Some coaches yell and scream at players, while others say very little. What Should I do?,” *Greensboro News & Record*, C4.
- 2001 (July 3) – Gould, D., “Ask the Expert Column: Should I encourage my nine year old to lift weights?,” *Greensboro News & Record*, C4.
- 2001 (August 7) – Gould, D., “Ask the Expert Column: What can I do to stop becoming so nervous when watching my child compete?” *Greensboro News & Record*, C4.
- 2001 (September 4) – Gould, D., “Ask the Expert Column: Should I be concerned about heat related problems in youth football?” *Greensboro News & Record*, C4.
- 2001 (October 2) – Gould, D., “Ask the Expert Column: Should we encourage our child to play different positions and sports?” *Greensboro News & Record*, C4.
- 2001 (November 6) – Gould, D., “Ask the Expert Column: Do NASCAR teams do anything to mentally prepare themselves for competition?” *Greensboro News & Record*, C5.
- 2001 (December 4) – Gould, D., “Ask the Expert Column: Why did mental skills training not work well for me ?” *Greensboro News & Record*, C3.
- 2002 (January 1) – Gould, D., “Ask the Expert Column: What can I do about my dad going crazy at my games?” *Greensboro News & Record*, C3.
- 2002 (January 8) - Interview Article: Reddick, J. “New year, new you-Start exercising.” *Greensboro News & Record*, C1, C4.
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SELECTED SPORT PSYCHOLOGICAL CONSULTATIONS

- 1981-1982: Consulted Parents, Coach and Child Figure Skater (Age 10)
Problem: Severe anxiety exhibited prior and during competition
Intervention: Relaxation training - cognitive anxiety management strategies
Length of Involvement: 3-4 months (15 meetings)
- 1981-1982: Consulted Nationally Ranked Ice Dancing Pair
Problem: Career termination decision, communication - mental preparation difficulties
Intervention: Goal setting-individual communication strategies
Length of Involvement: 2 months (5 meetings)
- 1981-1982: Consulted Figure Skating Club (skaters ages 8-17)
Problem: None (purpose was to help develop positive psychological skills)
Presentations: Group meetings on positive attitude development, goal setting, communication skills

- development, stress management and imagery training
Length of Involvement: 2 months (6-8 meetings)
- 1981-1982: Consulted several Michigan State University Varsity Swimmers
Problem: None (purpose was to help develop positive psychological skills)
Presentations: Small group meetings on goal setting, stress management and imagery training.
- 1981-1982: Consulted Michigan State University Lacrosse Player
Problem: Career termination resulting from injury (sport desocialization)
Intervention: Goal setting
Length of Involvement: 3 months (6 meetings)
- 1983-1984: Consulted Coaches and Athletes of Kansas State University Varsity Basketball Team (Women)
Problem: Group cohesion development, development of practice motivation and lack of concentration
Intervention: Team and individual goal setting, individual communication skills and relaxation-imagery training
Length of Involvement: 5 months (15-20 meetings, some with coaches - others with athletes)
- 1982-1989: Consulted Elite Junior Wrestlers During Summer Camp
Problem: None (purpose was to develop positive psychological skills)
Presentations: Group and individual meetings on positive attitude development, goal setting, stress management and imagery training
Length of Involvement: Series of weekly camps
- 1984-1990: Consulted USA Wrestling National Team (Greco-Roman)
Problem: None (purpose was to develop relaxation and imagery skills)
Presentations: Group and individual meetings on relaxation training, imagery and mental preparation
Length of Involvement: weekly camps
- 1984-1985: Consulted University of Illinois Varsity Wrestling Team
Problem: None (purpose was to develop psychological skills training program)
Presentations: Group and individual meetings on relaxation training, positive attitude, imagery and preparation
Length of Involvement: 1984-85 season
- 1985: Consulted Elite Ice Dancers and Figure Skaters
Problem: Communication, frustration, and motivation
Presentations: Positive mental attitude, goal setting, relaxation and imagery
Length of Involvement: 1985-summer
- 1986: Consulted America II Challenge "America's Cup" Crew and Team Leaders
Problem: None (purpose was to develop long-term motivations, communication and general psychological skills development)
Presentations: Understanding psychological skills, relaxation, training, visualization and imagery training, developing positive mental attitude, mental preparation, burnout and goal-setting
- 1987-1989: Consulted University of Illinois Women's Varsity Basketball Player
Problem: Stress management/self-confidence, development/positive psychological skills development
Presentations: Biweekly meetings (approximately 20)

- 1987-1992: Consulted National and International Caliber Elite Ice Dancers
 Problem: Motivation - burnout/communication difficulties
 Presentations: Psychological skills training, individual and group consulting sessions
 Length of Involvement: 6-8 sessions per year
- 1987-1988: Consulted University of Illinois Men and Women's Varsity Golf Team
 Problem: None (purpose was to develop a psychological skills training program)
 Length of Involvement: 5-6 group meetings
- 1989-1992: Consulted Professional Bowler
 Problem: Performance consistency/mental preparation
 Length of Involvement: 4-5 sessions per year
- 1991-1992: Consulted USA Wrestling National Freestyle World Team
 Problem: Performance enhancement/mental preparation
 Length of Involvement: 4-5 meetings per year
- 1991-1992: Consulted World Class Figure Skater
 Problem: Injury recovery/Olympic Games mental preparation
 Length of Involvement: Eight meetings per year
- 1991: Consulted Collegiate Runner
 Problem: Goal setting/mental preparation
 Length of Involvement: 1 meeting
- 1991: NCAA Youth Education Through Sport
 Problem: None/consultation relative to development of program and program materials
 Length of Involvement: 5 all-day meetings
- 1992-1998: U.S. Ski Team (Alpine and Freestyle)
 Problem: None (purpose - develop a mental preparation and goal setting training program for coaches and athletes)
 Length of Involvement: 21 days per year
- 1992-date: University of North Carolina Greensboro Varsity Baseball Team
 Problem: None (purpose - develop a psychological skills training program for players)
 Length of Involvement: 10 meetings per year
- 1995-1996: Consulted NASCAR Driver and Team
 Problem: Mental preparation, concentration and stress management team building, communication and dynamics issues
 Length of Involvement: Monthly meetings
- 1995: Consulted Professional Golfer
 Problem: Mental preparation and stress management
 Length of Involvement: 5 meetings
- 1996-1997: Consulted World Class Power Lifter
 Problem: Performing well under pressure, performance planning, mental preparation, and stress management
 Length of Involvement: 27 individual meetings
- 1996: Consulted Top 20 ATP Tennis Players.

- Problem: Mental preparation, stress management and performance optimization
Length of Involvement: 4 meetings
- 2000-2002 Consulted NASCAR Pit Crew
Problem: Mental preparation needed to perform more consistently
Length: 20 meetings
- 2002-2003 Consulted US Figure Skaters attending High Performance Camp at National Championships
Problem: Discuss issues that came up at national championships—build psychological skills needed for future success
Length: See approximately 15 skaters once per year
- 2002-2003 Corporate Coach Two Wall Street Investment Bankers
Problem: None—help develop leadership and coaching skills
Length: See 6 times per year